



**David Berceli**

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**EDUCATION**

Doctor of Social Work (Ph.D) Arizona State University Tempe, Arizona	2007
Masters of Social Work (MSW): Direct Practice Fordham University New York, New York	1993
Master of Arts in Theology (MA) State University of New York – Maryknoll School of Theology Ossining, New York	1987
Masters of Arts in Arabic and Islamic Studies (MA) <i>Pontificio Istituto di Studi Arabi ed'Islamistica</i> (Pontifical Institute for Arabic & Islamic Studies) Roma, Italia	1984

**ADDITIONAL EDUCATION**

Board Certified Neurotherapist & Certified Neurotherapy Instructor Natural Therapies Certification Board Black Mountain, North Carolina	2008
Certificate in Field Traumatology Traumatology Institute Tallahassee, Florida	2005
Certificate in Massage Therapy Reilly School of Massage Therapy Virginia Beach, Virginia	1998
Certificate in Bioenergetic Analysis International Institute for Bioenergetic Analysis New York, New York	1994

## **FIELDS OF SPECIALIZATION**

Post traumatic stress disorder; non-violent communications; multicultural education; micro to macro social awareness; crisis intervention, conflict resolution and third party negotiations.

## **CLASSROOM INSTRUCTION EXPERIENCE**

*Arizona State University*

<b>HHS 400</b> - Community Based Complimentary Health	Spring, 2007
<b>SWG 611</b> - Social Work Practice with Families.	Fall, 2006
<b>HHS 403</b> - Community Mental Health and Human Services.	Fall, 2006
<b>SWG 653</b> – Introduction to Holistic Therapies for the Helping Professional.	Summer, 2006
<b>SWG 580</b> - Community and Organizational Change. Teacher Assistant.	Spring, 2006
<b>SWG 611</b> - Family Counseling. Teacher Assistant.	Fall, 2005

## **INDEPENDENT STUDY SUPERVISOR**

*Arizona State University*

<b>HHS 499</b> Human Health Studies Individualized Instruction <i>Alternative Approaches for Treating ADHD in Children</i>	Fall, 2007
<b>HSS 499</b> - Human Health Studies Individualized Instruction <i>The Distinction between Allopathic and Naturopathic Medicine</i>	Spring, 2007
<b>HHS 494</b> - Human Health Studies Individualized Instruction <i>CAM Therapies for Relief of Relationship Stressors</i>	Spring, 2007
<b>HSS 499</b> - Human Health Studies Individualized Instruction <i>Effectiveness of Yoga, Tai Chi, Feng Shui and Buddhist Meditation</i>	Fall, 2006
<b>HHS 494</b> - Human Health Studies Special Topics <i>Methods to Reduce Dental Anxiety among Patients</i>	Fall, 2006

## **UNIVERSITY RESEARCH EXPERIENCE**

**Evaluating the Effects of Stress Reduction Exercises** 2006

*Arizona State University*

Social work professionals are at great risk of increased stress due to their work with traumatized communities and individuals. The purpose of this proposed research is to introduce a self-help method for stress reduction as a practical application of learning.

**Ecologically Based Assessments with Indigenous Populations** 2005

*Southwest Interdisciplinary Research Center, Arizona State University*

A study of the implications of ecologically based assessment for primary prevention with indigenous youth populations.

**Research Assistant (RA)**

*Southwest Interdisciplinary Research Center. Graduate Assistant.* Sept. 2004-May 2005

Assisted in developing research designs as well as providing methodological and statistical analysis for quantitative and qualitative data analysis projects.

**STUDENT CLINICAL EXPERIENCE*****Fordham University***

Psychiatric Social Worker. Internship. 1992-1993

*St. Luke's Hospital, New York, New York*

Facilitated intake interviews, provided assessments and diagnosis as well as individual and group therapy.

Public High School Social Worker. Internship. 1991-1992

*Public High School (PS-132) Bronx, New York*

Offered counseling for adolescent behavioral issues, crisis intervention, family and group counseling.

**UNIVERSITY ORGANIZATIONS**

Advisor for the foundation of the Human Health Organization of the Human Health Studies (HHS) Department. 2007

*Arizona State University, Polytechnic Campus, Mesa Arizona.*

**PUBLICATIONS*****Books and Monographs***

Berceli, D. (2008). *The revolutionary trauma release process: Transcend your toughest times*. Namaste Publishers, Vancouver, Canada.

Berceli, D. (2007). *Körperübungen für die Traumaheilung*. [Trauma Releasing Exercises: A revolutionary new method for stress/trauma recovery]. (Peter Brandenburg, Trans.). Herausgeber, Germany.

Berceli, D. (2007). *Exercícios para Libertação do Trauma: Um revolucionário novo método Para a recuperação de stress e trauma*. [Trauma releasing exercises: A revolutionary new method for stress/trauma recovery]. (Silveira, Tai, Trans.). Recife, Brazil.

Berceli, D. (2005). *Trauma releasing exercises: A revolutionary new method for stress/trauma recovery*. Charleston, S.C: Book Surge Publishers.

Berceli, D. (2003). *الطريق إلى الشفاء من صدمات الحرب* [Pathway to healing from war induced trauma]. Trauma Recovery Assessment and Prevention Services. 5350 E. Deer Valley Dr. Phoenix, AZ. 85054.

### ***Refereed Journal Articles***

Berceli, D., & Napoli, M. (2006). A Proposal for a Mindfulness-Based Trauma-Prevention Program for Social Work Professionals. *Complementary Health Practice Review*, 11(3), 153-165.

Okamoto, S., LeCroy, C., Tann, S., Rayle, A., Kulis, S., Dustman, P., & Berceli, D. (2006). The implications of ecologically based assessment for primary prevention with indigenous youth populations. *The Journal of Primary Prevention*. 27, 155-170.

### ***Additional Published Articles***

Koch, L. & Berceli, D. (2005). The Iliopsoas muscle: A bio-reverent approach. *Massage*, 114, 74-82.

Koch, L. & Berceli, D. (2005). The Psycho-emotional aspects of the Iliopsoas muscle. *Massage*, 115, 106-113.

Berceli, D. (2000). Missionaries in trauma. *Irish Missionary Union Report*, 11, 3-4.

Berceli, D. (1999). Embodying politics: Recovering from political violence. *Bioenergetic Analysis*, 10, 18-20.

Berceli, D. (1999). Trauma and the startle reflex: Its creation and resolution. *Bioenergetic Analysis*, 10, 22-24.

### ***Translated Journal Articles***

Berceli, D. (2003). Trauma – die unsichtbare epidemie symptome, Auswirkungen und heilungsansätze. (Symptoms of trauma). Translated in *Forum Weltkirche*, 4, 28-3.

Berceli, D. (2002). Missionarios traumatizados. (Traumatized Missionaries). Translated in *Vida Espiritana: Missao Em Situacoes-Fronteiras*, 13, 65-69.

### ***Book Chapters***

Trauma Releasing Exercises: TRE. (2004). *Post-Conflict Healing: Trainer manual for peace building in Uganda (Module 4)*. Jamii Ya Kupatanisha P.O. Box 198, Kampala, Uganda. pp. 22-26.

### **Conference Papers**

Berceli, D. (2006, December). Neurogenic Tremor Release Technique (NTRT) for the alleviation of PTSD symptoms. *Conference proceedings of the 18<sup>th</sup> International Conference of the National Institute for the Clinical Application of Behavioral medicine (NICABM), Hilton Head, South Carolina.*

Berceli, D. (2005, July). Trauma releasing exercises: The use of psychogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms. *Conference Proceedings of the 4<sup>th</sup> national conference of the United States Association for Body Psychotherapy. (USABP) Tucson, Arizona.*

### **Publications in Progress**

Napoli, M., & Berceli, D. The art of effective communication: Mindfulness and family therapy. Will be submitted to: *Family Social Work Journal.*

### **Video Publications**

Berceli, D. (2008). *The revolutionary trauma release exercises: Transcend your toughest times.* Namaste Publishers, Vancouver, Canada.

Rabin, M. (2005). One hour television interview. *David Berceli's Trauma Releasing Exercises (TRE).* A Better World Media. Manhattan, New York.

Berceli, D. (2004). *Trauma Releasing Exercises (DVD): A self-help trauma recovery methodology.* Trauma Recovery Assessment and Prevention Services (TRAPS). 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.

Berceli, D. (2001). *Pathway to Healing.* (VHS). 90 minute video of a self-help trauma recovery process. Trauma Recovery Assessment and Prevention Services (TRAPS). 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.

National Organization for Continuing Education of Roman Catholic Clergy. (2004). *Bioenergetics and working with sexual celibacy in the body.* (2004). Video taped presentation at the thirty first annual convention. 1337 W. Ohio St. Chicago, IL. 60622.

### **Radio/TV Broadcasts**

**Wellness Roadshow: Searching for the whole being.** June, 2009  
An interview about "*The Revolutionary Trauma Release Program*"  
<http://contacttalkradio.com/hosts/catherinebradford.html>

**Rewiring the Soul - Blog Talk Radio** April, 2009  
David Berceli, Ph.D. and Riccardo Cassiani Ingoni, Ph.D., join us from Scottsdale, Arizona, and Rome, Italy respectively in order to speak about TRE: a revolutionary program for Trauma Releasing Exercises.

- Rhia Said It - Blog Talk Radio** April, 2009  
An interview about “*The Revolutionary Trauma Release Program*” Florida.  
<http://rhiannonwaits.com/aboutus.aspx>
- Global Enlightenment: Contact Talk Radio** March, 2009  
*The Revolutionary Trauma Release Program*: Seattle on 106.9 HD  
<http://www.contacttalkradio.com/index.php>
- Conscious Living: Webcast** March, 2009  
*The Revolutionary Trauma Release Program*: Pittsburgh, PA.  
<http://www.conscious4life.blogspot.com/>
- Full Power Living: Radio Broadcast** March, 2009  
*The Revolutionary Trauma Release Program*: El Sobrante, CA  
<http://emotionalpro.com/full-power-living-internet-radio-program>
- Vibrant Living: Radio Broadcast - WGUN 1010AM** Nov. 2008  
*The Revolutionary Trauma Release Program*: Springfield, MA
- Strategies for Living: Radio Broadcast – Talk Radio 1370 AM** Nov. 2008  
*The Revolutionary Trauma Release Program*: Shreveport, LA.
- Pat McMahon Show: AZTV-Channel 27** Nov. 2008  
One hour television interview. *Trauma Releasing Exercises (TRE)*.  
Channel 57, Phoenix, Arizona
- Good Morning Arizona: AZTV-Channel 3TV** Sept. 2008  
Television interview for recent publication: *The revolutionary trauma release process: Transcend your toughest times*.  
<http://www.azfamily.com/video/gmaz-index.html?nvid=280787>
- Pat McMahon Show: AZTV-Channel 27** Oct. 2007  
One hour television interview. *Trauma Releasing Exercises (TRE)*.  
Channel 57, Phoenix, Arizona
- Independent Expression Radio** July, 2007  
One hour radio interview. *Trauma Releasing Exercises (TRE)*.  
Shirley MacClaine’s interview about the origin, purpose and potential therapeutic value  
of neurogenic tremors. <http://www.shirleymaclaine.com/ieradio/archive/2007>
- Conscious Media Network** October, 2006  
One hour video interview about Trauma releasing exercises (TRE).  
Canadian Network interview about neurogenic tremors and PTSD.  
<http://www.consciousmedianetwork.com/members/dberceli.htm>

**A Better World Productions**

July, 2006

One hour television interview. *Trauma Releasing Exercises (TRE)*.  
 Channel 57, Manhattan, New York.  
<http://www.abetterworld.net>

**CONFERENCE & OTHER PUBLIC PRESENTATIONS****TRE Certification Training**

Sept., 2009

*Provided TRE certification training programs to individual counselors, therapists and medical professionals.*  
England, Denmark, Germany, Finland, Norway.

**3<sup>rd</sup> Brigade 4<sup>th</sup> Combat Team, Ft. Carson**

June, 2009

*Pre deployment training in Combat Operational Recovery Exercises (CORE), post traumatic stress symptoms for deployment to Afghanistan.*  
Colorado Springs, CO

**Association of New Brunswick Licensed Practical Nurses, Fredericton, NB.**

May, 2009

*Keynote speaker at the annual meeting of the ANBLPN. This presentation included a didactic presentation on TRE as a method for reducing stress, PTSD and compassion fatigue among nurses.*

**Joan Wright and Associates, New Brunswick, Canada**

May, 2009

*Certification training program for participants seeking certification in the TRE process.*

**4th Brigade 4th Combat Team, Ft. Carson**

April, 2009

*Pre deployment training in Combat Operational Recovery Exercises (CORE), post traumatic stress symptoms for deployment to Afghanistan.*  
Colorado Springs, CO

**Arizona State University (ASU) Dept. Of Social Work**

March, 2009

*Graduate students of the School of Social Work were introduced to TRE and The possibilities of using a body-based modality in therapeutic settings.*  
Phoenix, AZ

**Despierta tu ahora! Conferencias y Talleres:**

March, 2009

*("Wake Up Now" Conference and Workshop).*  
Monterrey, Nuevo Leon, Mexico

**Joan M. Wright & Associates**

March 2009

*Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.*  
New Brunswick, Canada

- 点击QQ交谈留言 [Psychological Network, China (PSYCHCN)]** Jan. – Feb. 2009  
 神经性战栗是人和动物本能性程序记忆的一部分 *Trauma Releasing Exercise (TRE) staff training*. <http://psychcn.com/>  
Cheng du, Sichuan Province, China.
- Counseling Centers**  
*Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.* Nov. 2008  
Netherlands, Sweden, Germany, Italy
- Psykoteraapeutisk Center**  
*Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.* Oct. 2008  
Copenhagen, Denmark
- Joan M. Wright & Associates** Oct. 2008  
*Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.*  
New Brunswick, Canada
- 点击交谈留言 [Psychological Network, China (PSYCHCN)]** Sept. 2008  
 神经性战栗是人和动物本能性程序记忆的一部分 *Trauma Releasing Exercise (TRE) workshops for earthquake survivors*. <http://psychcn.com/>  
Cheng du, Sichuan Province, China.
- 11th. Bundeskongress für Notfallseelsorge und Krisenintervention** May, 2008  
*Keynote address: Trauma und Spiritualität (11<sup>th</sup> Annual Conference of Spirituality and Trauma for Emergency Service Providers for Germany.*  
Koblenz, Germany
- Ein aktuelles Projekt im IIBA: Trauma- Behandlung mittels Trauma Releasing Exercises (TRE).** May, 2008  
*Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”*  
Ovelgonne, Germany
- Arizona Lost Boys Center** April, 2008  
*Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”*  
Phoenix, Arizona
- Phoenix Police Dept. Family Investigations Bureau. Sex Crimes Unit** 2007/2008  
*Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”*  
Phoenix, Arizona
- Phoenix Family Advocacy Center** 2007/2008  
*Workshop: “Neurogenic Tremors: A technique for clinician resiliency and survivor recovery from compassion fatigue, vicarious trauma and PTSD symptoms.”*  
Phoenix, Arizona



- Arizona State Wellness and Health Tri-versity” Coalition** 2007  
*Sexual violence and Prevention and education Summit: Self-help techniques for recovery from sexual and domestic violence.*  
Phoenix, Arizona
- Arizona Department of Peace** 2007  
*Workshop: "Mass Trauma: A New Paradigm for Recovery"*  
Phoenix, Arizona
- Trauma Response Team: Luke Air Force Base, 56<sup>th</sup> MDOS/SGOMH** 2007, 2008  
*Traumatic Stress Response Team Workshop: Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.*  
Luke AFB, Arizona
- National Association of Social Workers – Arizona (NASWAZ) and Arizona State University (ASU)** 2007  
*Workshop: "Mass Trauma: A New Paradigm for Recovery"*  
Phoenix, Arizona
- Department of Behavioral Health, US Army, Ft Sill** 2006  
*Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.*  
Rach, Oklahoma
- Phoenix Vet Center** 2006  
*Trauma Releasing Exercises (TRE) for veterans of Vietnam, Afghanistan, Gulf War, OEF & OIF.*  
Phoenix, AZ
- Sociedade de Analise Bioenergetica do Nordeste Brasileiro** 2006  
*O tratamento neuropsicomotor dos traumatismos, desordens e stress pos-traumáticos. (The use of the neuro sensory motor response for the alleviation of post-traumatic stress disorders)*  
Recife, Brazil
- Genesee County Mental Health Association** 2006  
**Keynote speaker:** *Mass trauma and its psychosocial impact on health practitioners.*  
**Workshop Presenter:** *The Neuro-anatomy of trauma and extinction of the hypothalamus-pituitary-adrenal (HPA) axis.*  
Batavia, New York.
- Société Française d'Analyse Bio-Energétique** 2006  
*Le traitement neuropsychomoteur des traumatismes, désordres et stress post-traumatiques. (The use of neurogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms)*  
Paris, France

- Internationales Institut für Bioenergetische Analyse** 2006  
*Posttraumatische Belastungsstörung (PTSD) – Symptome und deren Behandlung*  
*(Post-traumatic Interference (PTSD) – Symptoms and its Treatment)*  
Heidelberg, Germany
- The National Institute for the Clinical Application of Behavioral Medicine** 2006  
*Neurogenic tremor release technique for the alleviation of PTSD symptoms.*  
Hilton Head, South Carolina
- International Yoga College** 2006  
*Mass trauma: A body-based recovery method for large-scale populations with PTSD.*  
Tucson, Arizona
- 164<sup>th</sup> Corps Support Group (CSG) S-1** 2006  
*Pre-deployment training in Combat Operational Stress, Rucksack Palsy, and post traumatic stress symptoms.*  
Mesa, Arizona
- National Association of Social Workers (NASW)** 2005  
*Trauma recovery methods for large-scale traumatized populations.*  
Phoenix, Arizona
- Walter Reed Army Medical Center: Deployment Health Clinical Center (DHCC)** 2005  
*Neurogenic tremor release technique for the alleviation of hyperarousal PTSD symptoms among Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) soldiers.*  
Washington, D.C.
- United States Association for Body Psychotherapy (USABP)** 2005  
*Trauma releasing exercises (TRE): The use of neurogenic tremors for the alleviation of PTSD symptoms.*  
Tucson, Arizona
- Foundation for Global Leadership** 2005  
*Trauma assistance and hotline protocol for first responders to traumatic events.*  
Manama, Bahrain
- Alpha & Charlie Co. 1<sup>st</sup> Battalion 151<sup>st</sup> Field Artillery** 2004, 2005  
*Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.*  
Morris, Minnesota
- International Institute for Bioenergetic Analysis** 2005  
*Neurogenic tremors and the alleviation of hyperarousal post traumatic symptoms.*  
Boston, Massachusetts

**National Organization for Continuing Education of Roman Catholic Clergy** 2004  
*Bioenergetics and sexual celibacy: A bodily experience.*  
San Diego, California

**Non-Government Organizations** 2002  
 Unicef, World Health Organization (WHO), Doctors without Borders, Med Air, Concern for the World, Friedrich Egert Stiftung. *The effects of trauma among local and foreign volunteers in Sudan.*  
Lokichokio, Kenya

**El-Ahfad University. Department of Psychology** 2002  
*Sudan and trauma: A new paradigm for healing a nation.*  
Khartoum, Sudan

## **INTERNATIONAL RESIDENTIAL EXPERIENCE**

### **Sudan**

*Trauma Recovery Therapist* 1999-2002  
 Developed and implemented a national trauma recovery program in conjunction with Sudanese non-government organizations and German relief agencies. Trained and supervised local Sudanese leaders in trauma recovery awareness, education and somatic psychotherapy techniques.

### **Israel**

*Conflict Resolution Consultant* 1995-1997  
 Provided stress management & trauma relief programs to embassy and consulate staff. Designed trauma intervention programs for local Israeli and Palestinian organizations. Supervised therapists, social workers, counselors and emergency medical teams on the psychological and physical interventions necessary in the trauma recovery process.

### **New Zealand**

*Bioenergetic Analysis Training Supervisor* 1994-1995  
 Provided supervision for the local Bioenergetic Training Program. Supervised thirteen 2<sup>nd</sup> and 3<sup>rd</sup> year trainees in issues pertaining to somatic psychotherapy. Facilitated individual and group psychotherapy sessions. Designed and taught workshops on the psychobiological effects of stress and trauma.

### **Western Samoa**

*Substance Abuse Counselor* 1985-1986  
 Designed culturally sensitive substance abuse programs. Provided clinical counseling and staff support to Alcoholics Anonymous programs.

### **Lebanon**

*War Relief Service Provider* 1980-1981  
 Provided social services for victims of war and political violence. Engaged in war relief social work efforts among military, civilian populations, women and abandoned children.

**North Yemen**

*English Teacher* 1979-1980  
English teacher for grades 1-6 in a high security adolescent & residential school.

**Egypt**

*Youth Coordinator* 1978-1979, 1982  
Assisted in supervising and facilitating individual and group therapy programs for Egyptian teenage youth with histories of family violence, severe poverty, juvenile delinquency and domestic violence.

**ADDITIONAL INTERNATIONAL EXPERIENCE****Bahrain, Kenya, Ethiopia, Uganda, Northern Ireland, Chile, Bolivia** 1999-2004

*Trauma and Conflict Resolution Consultant*  
Developed and facilitated culturally sensitive trauma awareness and training workshops. Provided on-going training, educational and supervisory programs for local populations for the purpose of developing trained trauma professional within the host countries.

**PROFESSIONAL EXPERIENCE****Founder of Trauma Recovery Assessment & Prevention Services** 2000-present

*International Trauma Coach & Consultant*  
Provide specialized trauma recovery assistance to international organizations whose employees are living and working in trauma inducing environments. Design, organize & implement comprehensive trauma recovery and stress management programs for International Relief Agencies, Government and Non-Government Organizations (NGO). Train and supervise senior staff on individual and organizational trauma behaviors and a healthy recovery process. Supervised programs in Ethiopia, Eritrea, Israel, Kenya, Northern Ireland and Sudan.

**Formation Consultation Services** 1998-2000

*Staff Psychotherapist*  
Provided clinical assessments of international clients as well as short-term counseling to in-house residents. Developed and implemented community organizational workshops in Ireland, Ethiopia, Eritrea, Kenya and Sudan.

**Maryknoll International Society** 1976-1998

*International Cross-Cultural Consultant*  
Promoted global relationships for the peaceful cohabitation of diverse cultures through large-scale and long-term intercultural projects and assistance programs. Designed intercultural training programs that addressed barriers to effective cross-cultural management. Implemented training programs on diversity in a multicultural workplace.

**Massage Therapist** 1998-2005*Private Practitioner*

Provided professional massage to a diverse clientele as a state certified massage therapist. Massage techniques included: Osteopathic Massage, Psychotherapeutic Massage, Neuromuscular Massage and Swedish Massage.

**Bioenergetic Therapist** 1994-present*Private Practitioner*

Provide a bioenergetic analytic approach to the psychotherapeutic process by combining psychotherapeutic insight with body sensitivity. Promote an integration of body, mind and spirit approach to resolving psychosomatic patterns of distress.

**Spiritual Director** 1976-2001

Engaged in spiritual/religious dialogue and practices as well as provided spiritual direction within diverse cultural and religious contexts.

**CURRENT PROFESSIONAL AFFILIATIONS**

Academy of Traumatology (AT)  
 Association for Bodywork and Massage Professionals (ABMP)  
 The United States Association for Body Psychotherapy (USABP)  
 International Institute for Bioenergetic Analysis (IIBA)

**LANGUAGES**

**Arabic:** Speak – fluently:    Read – moderately:    Write – with facility.  
**Italian:** Speak – moderately:    Read – easily:    Write – moderately.  
**French:** Speak – beginner:    Read – easily:    Write – moderately.

**MILITARY SERVICE**

United States Air Force (USAF) **Active Duty.** 1972-1978. Honorable Discharge.