



Chris Rooke

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TRE Qualifications: TRE Practitioner Level I

Other Qualifications:

- BA Fine Arts Degree
- Zen Shiatsu Practitioner
- Acupuncture Diploma
- Registered Iridologist
- Tai Chi and Qi Gong Instructor

Comments:

I have been working within the complimentary health field for 25 years. I now practice and teach Zen Shiatsu and Iridology, as well as holding workshops on facial, tongue and nail diagnosis and teaching weekly Tai Chi and Qi Gong classes.

Working with clients I have found the Trauma Release Process amazingly effective. Not only have I seen releases of physical and emotional pains, but in those that see it as a process and practice regularly, a clarity in self-awareness and a growth and transformation of personality.

My dream has always been to have a great art studio in which to paint and to teach drawing. Recent thoughts revolve around combining drawing with Qi Gong and the TRE Process and how through observance and investigation we can increase consciousness of our inner and outer worlds.