



David Berceli

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<http://www.traumaprevention.com>

EDUCATION

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| Doctor of Social Work (Ph.D) Arizona State University Tempe, Arizona | 2007 |
| Masters of Social Work (MSW): Direct Practice Fordham University New York, New York | 1993 |
| Master of Arts in Theology (MA) State University of New York – Maryknoll School of Theology Ossining, New York | 1987 |
| Masters of Arts in Arabic and Islamic Studies (MA) <i>Pontificio Istituto di Studi Arabi ed' Islamistica</i> (Pontifical Institute for Arabic & Islamic Studies) Roma, Italia | 1984 |

ADDITIONAL EDUCATION

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|---|------|
| Board Certified Neurotherapist & Certified Neurotherapy Instructor Natural Therapies Certification Board Black Mountain, North Carolina | 2008 |
| Certificate in Field Traumatology Traumatology Institute Tallahassee, Florida | 2005 |
| Certificate in Massage Therapy Reilly School of Massage Therapy Virginia Beach, Virginia | 1998 |
| Certificate in Bioenergetic Analysis International Institute for Bioenergetic Analysis New York, New York | 1994 |

CLASSROOM INSTRUCTION EXPERIENCE

Arizona State University

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|---|--------------|
| SWG591 - Trauma Practice Tools: TRE | Winter, 2009 |
| HHS 400 - Community Based Complimentary Health | Spring, 2007 |
| SWG 611 - Social Work Practice with Families. | Fall, 2006 |
| HHS 403 - Community Mental Health and Human Services. | Fall, 2006 |
| SWG 653 – Introduction to Holistic Therapies for the Helping Professional. | Summer, 2006 |
| SWG 580 - Community and Organizational Change. Teacher Assistant. | Spring, 2006 |
| SWG 611 - Family Counseling. Teacher Assistant. | Fall, 2005 |

INDEPENDENT STUDY SUPERVISOR

Arizona State University

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|--|--------------|
| HHS 499 Human Health Studies Individualized Instruction <i>Alternative Approaches for Treating ADHD in Children</i> | Fall, 2007 |
| HSS 499 - Human Health Studies Individualized Instruction <i>The Distinction between Allopathic and Naturopathic Medicine</i> | Spring, 2007 |
| HHS 494 - Human Health Studies Individualized Instruction <i>CAM Therapies for Relief of Relationship Stressors</i> | Spring, 2007 |
| HSS 499 - Human Health Studies Individualized Instruction <i>Effectiveness of Yoga, Tai Chi, Feng Shui and Buddhist Meditation</i> | Fall, 2006 |
| HHS 494 - Human Health Studies Special Topics <i>Methods to Reduce Dental Anxiety among Patients</i> | Fall, 2006 |

UNIVERSITY RESEARCH EXPERIENCE

Evaluating the Effects of Stress Reduction Exercises 2006

Arizona State University

Social work professionals are at great risk of increased stress due to their work with traumatized communities and individuals. The purpose of this proposed research is to introduce a self-help method for stress reduction as a practical application of learning.

Ecologically Based Assessments with Indigenous Populations 2005

Southwest Interdisciplinary Research Center, Arizona State University

A study of the implications of ecologically based assessment for primary prevention with indigenous youth populations.

Research Assistant (RA)

Southwest Interdisciplinary Research Center. Graduate Assistant. Sept. 2004-May 2005

Assisted in developing research designs as well as providing methodological and statistical analysis for quantitative and qualitative data analysis projects.

STUDENT CLINICAL EXPERIENCE***Fordham University***

Psychiatric Social Worker. Internship. 1992-1993

St. Luke's Hospital, New York, New York

Facilitated intake interviews, provided assessments and diagnosis as well as individual and group therapy.

Public High School Social Worker. Internship. 1991-1992

Public High School (PS-132) Bronx, New York

Offered counseling for adolescent behavioral issues, crisis intervention, family and group counseling.

UNIVERSITY ORGANIZATIONS

Advisor for the foundation of the Human Health Organization of the Human Health Studies (HHS) Department. 2007

Arizona State University, Polytechnic Campus, Mesa Arizona.

NOMINATIONS

Templeton Prize Nominee: The Sir John Templeton Prize aims, in his words, to identify 2010

"entrepreneurs of the spirit"- outstanding individuals who have devoted their talents to expanding our vision of human purpose and ultimate reality. The qualities sought in a Templeton Prize nominee include creativity and innovation, rigor and impact.

<http://www.templetonprize.org/>

PUBLICATIONS***Books and Monographs***

Berceli, D. (2011). *Un uomo fatto d'argilla: Aiutami a guarire me stesso*. [A man made of clay: Help me to heal myself]. La rivista italiana di analisi bioenergetica. Via Magna Grecia 128, 00183 Roma, Italia. N. 1/2 – 2010.

Berceli, D. (2008). *The revolutionary trauma release process: Transcend your toughest times*. Namaste Publishers, Vancouver, Canada.

Translated: (2011). *Liberación del Trauma: Perdón y temblor es el camino*. (Elena Olivos & Francisco Huneus: Trans.). Santiago, Chile. (Spanish). ISBN 978-956-242-119-5.

Berceli, D. (2005). *Trauma releasing exercises: A revolutionary new method for stress/trauma recovery*. Charleston, S.C: Book Surge Publishers.

Translated: (2007). *Körperübungen für die Traumaheilung*. (Peter Brandenburg, Trans.). Herausgeber, Germany. (German). ISSN 0946-8846

Translated: (2007). *Exercícios para Libertação do Trauma: Um revolucionário novo método Para a recuperação de stress e trauma*. (Silveira Tai, Trans.). Recife, Brazil. (Portuguese). ISBN 978-85-98263-16-8.

Translated: (2011). *TRE – stressinpurkuliikkeet: Stressin ja Traumojen Helpottamiseen*. (Katriina Mähönen, Trans.) Kuva ja Mieli Oy. Helsinki, Finland. (Finnish). ISBN 978-952-99485-4-3.

Translated: (2011). *Zaufaj Cialu: Ćwiczenia które uwalniają traumę, stres i emocje*. (Joanna Olchowik: Trans.). Koszalin, Poland. (Polish). ISBN 978-83-930534-2-1.

Berceli, D. (2003). *الطريق إلى الشفاء من صدمات الحرب* [Pathway to healing from war induced trauma]. Trauma Recovery Assessment and Prevention Services. 5350 E. Deer Valley Dr. Phoenix, AZ. 85054.

Refereed Journal Articles

Berceli, D. (2010). Neurogenes Zittern: Eine körperorientierte Behandlungsmethode für Traumata in großen Bevölkerungsgruppen. *Trauma & Gewalt: Forschung und Praxisfelder*, (4), 148-156.

Berceli, D., & Napoli, M. (2006). A Proposal for a Mindfulness-Based Trauma-Prevention Program for Social Work Professionals. *Complementary Health Practice Review*, 11(3), 153-165.

Okamoto, S., LeCroy, C., Tann, S., Rayle, A., Kulis, S., Dustman, P., & Berceli, D. (2006). The implications of ecologically based assessment for primary prevention with indigenous youth populations. *The Journal of Primary Prevention*. 27, 155-170.

Additional Published Articles

- Berceli, D. (2010). *Un uomo fatto d'argilla. (A man made of clay). La rivista italiana di analisi bioenergetica. I & II semester – Finito di stampare nel dicembre pp. 77-111.*
- Koch, L. & Berceli, D. (2005). The Iliopsoas muscle: A bio-reverent approach. *Massage, 114*, 74-82.
- Koch, L. & Berceli, D. (2005). The Psycho-emotional aspects of the Iliopsoas muscle. *Massage, 115*, 106-113.
- Berceli, D. (2000). Missionaries in trauma. *Irish Missionary Union Report, 11*, 3-4.
- Berceli, D. (1999). Embodying politics: Recovering from political violence. *Bioenergetic Analysis, 10*, 18-20.
- Berceli, D. (1999). Trauma and the startle reflex: Its creation and resolution. *Bioenergetic Analysis, 10*, 22-24.

Translated Journal Articles

- Berceli, D. (2003). Trauma – die unsichtbare epidemie symptome, Auswirkungen und heilungsansätze. (Symptoms of trauma). Translated in *Forum Weltkirche, 4*, 28-3.
- Berceli, D. (2002). Missionarios traumatizados. (Traumatized Missionaries). Translated in *Vida Espiritana: Missao Em Situacoes-Fronteiras, 13*, 65-69.

Book Chapters

- Berceli, D. (2011). ...allowing the body to continue to heal itself. In *Handbook for Bioenergetic Analysis* (pp. 331-340). Berlin: Majuskel Medienproduktion.
- Berceli, D. (2004). Trauma Releasing Exercises: TRE. In Vita Heinrich-Clauer (Ed.), *Post-Conflict Healing: Trainer manual for peace building in Uganda (Module 4)*. Jamii Ya Kupatanisha P.O. Box 198, Kampala, Uganda. pp. 22-26.

Conference Papers

- Berceli, D. (2010, October). Neurogenic tremors in self-regulation of autonomic state and spinal tension. *Conference Proceedings of the Norwegian Chiropractors' Association 75th Anniversary International Conference.*
- Berceli, D. (2006, December). Neurogenic Tremor Release Technique (NTRT) for the alleviation of PTSD symptoms. *Conference proceedings of the 18th International Conference of the National Institute for the Clinical Application of Behavioral medicine (NICABM), Hilton Head, South Carolina.*

Berceli, D. (2005, July). Trauma releasing exercises: The use of psychogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms. *Conference Proceedings of the 4th national conference of the United States Association for Body Psychotherapy. (USABP) Tucson, Arizona.*

Publications

Warren-Brown, G. & Dorkin, P. (Nov. Dec, 2010). Let your body do the talking. *Psychologies*, (6), pp. 70-73. Cape Town, South Africa.

Pääkkö, Aapo. (March, 2010). Stressi, jännittäminen tai trauma henkiseksi kasvuksi – kokemuksia TRE-menetelmästä. [Stress, nervousness, or spiritual growth of the trauma - experiences TRE method. Interview with David Berceli] *Ratkes* (3), 24-27.

Ketola, Tuula.(March, 2010). Kehoterapiaa traumojen poistoonpp. (David Berceli and Trauma therapy for first responders) *Pelastustieto*, 46-48.

Munk, S. (2009). Ryst det af dig.(Interview with David Berceli on Trauma Releasing Exercises) *Psykologi* (7), 78-81. Copenhagen, Denmark.

Video Publications

Berceli, D. (2010). *Curso para o Tratamento do Trauma e do Estresse Pós-Traumático*. [A course for the treatment of trauma and post traumatic stress]. Libertas Publications, Recife, Brazil.

Berceli, D. (2008). *The revolutionary trauma release exercises: Transcend your toughest times*. Namaste Publishers, Vancouver, Canada.

Rabin, M. (2005). One hour television interview. *David Berceli's Trauma Releasing Exercises (TRE)*. A Better World Media. Manhattan, New York.

Berceli, D. (2004). *Trauma Releasing Exercises (DVD): A self-help trauma recovery methodology*. Trauma Recovery Assessment and Prevention Services (TRAPS). 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.

Berceli, D. (2001). *Pathway to Healing*. (VHS). 90 minute video of a self-help trauma recovery process. Trauma Recovery Assessment and Prevention Services (TRAPS). 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.

National Organization for Continuing Education of Roman Catholic Clergy. (2004). *Bioenergetics and working with sexual celibacy in the body*. (2004). Video taped presentation at the thirty first annual convention. 1337 W. Ohio St. Chicago, IL. 60622.

Radio/TV Broadcasts

- CTV News, Canerbury, New Zealand** Dec. 2011
Trauma Releasing Exercises as a tool for cultural trauma recovery from Christchurch, New Zealand earthquake.
- KGUN Radio – Robin Claire (Host)** March, 2011
Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://kgnu.org/>
- Yoga Hub** Jan. 2011
Neurogenic Yoga as a unique manner in which to access deep trauma and tension patterns from an unconscious level.
<http://www.yogahub.com/>
- Spirit Quest Radio** Dec. 2010
Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://sqr.fm/>
- "Living Proof Nutrition" Radio Show:** Nov. 2010
Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://www.livingproofnutrition.com/>
- Carte Blanche Medical Station: South Africa** Oct. 2010
Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://beta.mnet.co.za/mnetvideo/browseVideo.aspx?vid=35853>
- Spirit Quest Radio: Tammra Green (Host)** Aug. 2010
An interview about “*The Revolutionary Trauma Release Program*”
<http://www.spiritquestradio.com/?p=9117>
- Voice America Radio Station: Sally Page (Host)** Aug. 2010
The Revolutionary Trauma Release Process: An answer to global stress and mass trauma.
<http://www.voiceamerica.com/voiceamerica/vepisode.aspx?aid=48135>
- Business, Breakfast Radio 103.8 Dubai Eye** May, 2010
Radio interview on stress in the general population and TRE as a response to the relief of daily stress problems with family and work.
<http://www.zawya.com/radio/default.cfm/sidDE100520072907375758>

- Beyond the Matrix: BBS Radio: Patricia Cori(Host)** May, 2010
 The Revolutionary Trauma Release Process: An answer to global stress and mass trauma.
<http://www.bbsradio.com/>
- Vivid Life Radio: New Paradigms in Conscious Living** April, 2010
 An interview about “*The Revolutionary Trauma Release Program*”
<http://vividliferadio.com>
- Spirit Quest Radio: Increasing Global Consciousness** March, 2010
 An interview about “*The Revolutionary Trauma Release Program*”
<http://spiritradio.com>
- Grassroots TV: The Changing Paradigm** March, 2010
 An interview by Dr. Patricia Hall on “*The Revolutionary Trauma Release Process*”. Veil, Colorado
<http://traumaprevention.com/?s=grassroots>
- Finland TV Interview** February, 2010
 Video of TRE workshop with general population and interview of Dr. David Berceli.
- Brazilian Program for Health** November, 2009
 David Berceli comenta o método desenvolvido por ele para recuperação de estresse e trauma. (David Berceli’s method for recovery from stress and trauma.)
Programadebrazilia@cnt.com.br
http://www.youtube.com/watch?v=Y_lqZMGPKTo
- Wellness Roadshow: Searching for the whole being.** June, 2009
 An interview about “*The Revolutionary Trauma Release Program*”
<http://contacttalkradio.com/hosts/catherinebradford.html>
- Rewiring the Soul - Blog Talk Radio** April, 2009
 David Berceli, Ph.D. and Riccardo Cassiani Ingoni, Ph.D., join us from Scottsdale, Arizona, and Rome, Italy respectively in order to speak about TRE: a revolutionary program for Trauma Releasing Exercises.
- Rhia Said It - Blog Talk Radio** April, 2009
 An interview about “*The Revolutionary Trauma Release Program*” Florida.
<http://rhiannonwaits.com/aboutus.aspx>
- Global Enlightenment: Contact Talk Radio** March, 2009
The Revolutionary Trauma Release Program: Seattle on 106.9 HD
<http://www.contacttalkradio.com/index.php>

- Conscious Living: Webcast** March, 2009
The Revolutionary Trauma Release Program: Pittsburgh, PA.
<http://www.conscious4life.blogspot.com/>
- Full Power Living: Radio Broadcast** March, 2009
The Revolutionary Trauma Release Program: El Sobrante, CA
<http://emotionalpro.com/full-power-living-internet-radio-program>
- Vibrant Living: Radio Broadcast - WGUN 1010AM** Nov. 2008
The Revolutionary Trauma Release Program: Springfield, MA
- Strategies for Living: Radio Broadcast – Talk Radio 1370 AM** Nov. 2008
The Revolutionary Trauma Release Program: Shreveport, LA.
- Pat McMahon Show: AZTV-Channel 27** Nov. 2008
 One hour television interview. *Trauma Releasing Exercises (TRE)*.
 Channel 57, Phoenix, Arizona
- Good Morning Arizona: AZTV-Channel 3TV** Sept. 2008
 Television interview for recent publication: *The revolutionary trauma release process: Transcend your toughest times.*
<http://www.azfamily.com/video/gmaz-index.html?nvid=280787>
- Pat McMahon Show: AZTV-Channel 27** Oct. 2007
 One hour television interview. *Trauma Releasing Exercises (TRE)*.
 Channel 57, Phoenix, Arizona
- Independent Expression Radio** July, 2007
 One hour radio interview. *Trauma Releasing Exercises (TRE)*.
 Shirley MacClaine’s interview about the origin, purpose and potential
 therapeutic value of neurogenic tremors.
<http://www.shirleymaclaine.com/ieradio/archive/2007>
- Conscious Media Network** October, 2006
 One hour video interview about Trauma releasing exercises (TRE).
 Canadian Network interview about neurogenic tremors and PTSD.
<http://www.consciousmedianetwork.com/members/dberceli.htm>
- A Better World Productions** July, 2006
 One hour television interview. *Trauma Releasing Exercises (TRE)*.
 Channel 57, Manhattan, New York.
<http://www.abetterworld.net>

CONFERENCE & OTHER PUBLIC PRESENTATIONS

- D.G.K. Deutsche Gesellschaft Für Körperpsychotherapie** [EABP European Sept. 2011

Association for Body-psychotherapy (German Section):]
 Introduced Neurogenic Tremors from TRE as a form of body psychotherapy
 as understood through neuro-physiological concepts.

- Nordlandssykehuset, Rønvik** [Psychiatric Hospital] Bodö, Norway. Aug. 2011
 Introduction of body-based TRE interventions for individual, mass and
 cultural trauma recovery for the Norwegian culture.
http://www.ub.uit.no/baser/arkinord/categories.php?cat_id=511
- Centro Reichiano de Psicoterapia Corporal** [Reichian Center for Body June, 2011
 Psychotherapy]
 Introduced Neurogenic Tremors as a form of body psychotherapy as
 understood through Reichian concepts.
<http://www.centroreichiano.com.br/>
- TRE Argentina** June, 2011
 Provided workshops and training programs for the introduction of TRE in
 Argentina.
<http://www.bercelienargentina.com.ar/>
- Omega Institute** May, 2011
 Omega forges leadership team of national experts to address best practices in
 healing veterans with ptsd. Presentation of TRE as used with military personnel.
<http://eomega.org/>
- Alexander Lowen Foundation** May, 2011
 Training workshop on TRE. The neuro-physiology of stress & trauma.
 TRE was demonstrated as an alternative self-help modality to regulate natural
 health recovery.
<http://www.lowenfoundation.com/index.html>
- TRE Denmark** May, 2011
 Provided workshops and training programs for the introduction of TRE in
 Denmark.
- TRE Finland** April, 2011
 Provided workshops and training programs for the introduction of TRE in
 Finland.
<http://trefinland.fi/>
- TRE Germany** April, 2011
 Provided workshops and training programs for the introduction of TRE in
 Germany.
<http://bioenergetik-deutschland.de/fortbtre/allgemein.php>

- TRE South Africa** April, 2011
 Provided workshops and training programs for the introduction of TRE in South Africa.
<http://www.onevisionafrica.com/>
- TRE Norway** March, 2011
 Provided workshops and training programs for the introduction of TRE in Australia.
- TRE Australia** Feb. 2011
 Provided workshops and training programs for the introduction of TRE in Australia. <http://trauma-release-exercises.com.au/>
Melbourne, Canberra, Brisbane, & Sydney
- Quantum Energy Coaching** Jan. 2011
 Provided TRE training and educational workshops as it applies to apartheid and xenophobia.
Johannesburg, South Africa
- Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE)** Nov. 2010
 TRE as it applies to soldiers recovering from mild traumatic brain injury (MTBI) and Post Traumatic Stress Disorder (PTSD).
Wash., DC
- National Intrepid Center of Excellence (NICoE)** Nov. 2010
 TRE as it applies to soldiers recovering from mild traumatic brain injury (MTBI) and Post Traumatic Stress Disorder (PTSD).
Bethesda, Md.
- Department of Defense (DOD) TRICARE Management Activity** Nov. 2010
 TRE as it applies to State Dept., and DOD personnel living and working in situations of severe stress or trauma globally.
Wash., DC
- NETI - Núcleo de Estudos de Terapias Integradas, (Studies of Integrative Therapies) for Brazilian Military Personnel.** July, Nov. 2010
 TRE as it applies to down-regulation of the autonomic nervous system for Soldiers recovering from stress, anxiety, and PTSD.
Recife, Brazil
- I Simpósio Brasileiro sobre Trauma e Estresse Pós-Traumático: Dos danos à superação individual e coletiva.** Nov. 2010
 Keynote Speaker for: The first national symposium on trauma and post traumatic stress.

Recife, Brazil

- Quantum Energy Coaching** Sept. 2010
 Provided TRE training and educational workshops as it applies to apartheid and xenophobia.
Johannesburg, South Africa
- Krugersdorp Men's Prison** Sept. 2010
 A team of 30 volunteers presented a TRE workshop for 230 prisoners.
Krugersdorp, South Africa
- Alexander Lowen Foundation** Sept. 2010
 Training workshop on TRE. The neuro-physiology of stress, trauma and Secondary illnesses were presented. TRE was demonstrated as an alternative Self-help modality to regulate natural health recovery.
- 3rd Brigade 4th Combat Team, Ft. Carson** Aug, 2010
Pre deployment training in Combat Operational Recovery Exercises (CORE), traumatic stress symptoms for deployment to Afghanistan.
Colorado Springs, CO
- Bioenergetic, Core Energetic & Community Therapy Association** July, 2010
Trauma Releasing Exercise (TRE) Level I & II certification training for staff and volunteers.
Rio de Janeiro Brasilia, Recife, Brazil
- Joan M. Wright & Associates** June, 2010
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada
- Consulting & Counseling Centers** June , 2010
Trauma Releasing Exercise (TRE) Level I & II certification training for staff and volunteers.
Baltimore, MD; St. Louis, MO.
- Consulting & Counseling Centers** May, 2010
Trauma Releasing Exercise (TRE) Level I & II certification training for staff and volunteers.
South Africa, Denmark, Finland, United Arab Emirates
- Male Survivor: International Conference on Male Sexual Victimization:** March, 2010
Trauma Release Process as applied to sexual abuse recovery.
John Jay College of Criminal Justice,
New York, N.Y.
- Colorado Drug and Alcohol Treatment Rehab Center - Jaywalker Lodge** February, 2010

TRE as it applies to individuals undergoing rehabilitation from substance abuse.

Carbondale, CO.

Magis Group

February, 2010

TRE as it applies to military personnel as a resiliency program.

Boulder, CO.

TRE Certification Training

February, 2010

Presentation of Level I & II certification training.

Finland, Norway, South Africa, United Arab Emirates

Staff Source USA

TRE as it applies to management resources for the reduction of corporate stress and anxiety.

January, 2010

Hammond, IN.

3rd Brigade 4th Combat Team, Ft. Carson

June, 2009

Pre deployment training in Combat Operational Recovery Exercises (CORE), post traumatic stress symptoms for deployment to Afghanistan.

Colorado Springs, CO

Association of New Brunswick Licensed Practical Nurses, Fredericton, NB.

May, 2009

Keynote speaker at the annual meeting of the ANBLPN. This presentation included a didactic presentation on TRE as a method for reducing stress, PTSD and compassion fatigue among nurses.

Joan Wright and Associates, New Brunswick, Canada

May, 2009

Certification training program for participants seeking certification in the TRE process.

4th Brigade 4th Combat Team, Ft. Carson

April, 2009

Pre deployment training in Combat Operational Recovery Exercises (CORE), post traumatic stress symptoms for deployment to Afghanistan.

Colorado Springs, CO

Arizona State University (ASU) Dept. Of Social Work

March, 2009

Graduate students of the School of Social Work were introduced to TRE and The possibilities of using a body-based modality in therapeutic settings.

Phoenix, AZ

Despierta tu ahora! Conferencias y Talleres:

March, 2009

("Wake Up Now" Conference and Workshop).

Monterrey, Nuevo Leon, Mexico

Joan M. Wright & Associates

March 2009

*Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada*

点击QQ交谈留言 [Psychological Network, China (PSYCHCN)] Jan. – Feb. 2009

神经性战栗是人和动物本能性程序记忆的一部分 *Trauma Releasing Exercise (TRE) staff training.* <http://psychcn.com/>
Cheng du, Sichuan Province, China.

Counseling Centers

Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Nov. 2008
Netherlands, Sweden, Germany, Italy

Psykoterapeutisk Center

Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Oct. 2008
Copenhagen, Denmark

Joan M. Wright & Associates

Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Oct. 2008
New Brunswick, Canada

点击QQ交谈留言 [Psychological Network, China (PSYCHCN)]

Sept. 2008

神经性战栗是人和动物本能性程序记忆的一部分 *Trauma Releasing Exercise (TRE) workshops for earthquake survivors.* <http://psychcn.com/>
Cheng du, Sichuan Province, China.

11th. Bundeskongress für Notfallseelsorge und Krisenintervention

May, 2008

Keynote address: Trauma und Spiritualität (11th Annual Conference of Spirituality and Trauma for Emergency Service Providers for Germany. Koblenz, Germany

Ein aktuelles Projekt im IIBA: Trauma- Behandlung mittels Trauma Releasing Exercises (TRE). *Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”* May, 2008
Ovelgonne, Germany

Arizona Lost Boys Center

April, 2008

Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”
Phoenix, Arizona

Phoenix Police Dept. Family Investigations Bureau. Sex Crimes Unit

2007/2008

Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”
Phoenix, Arizona

Phoenix Family Advocacy Center

2007/2008

Workshop: "Neurogenic Tremors: A technique for clinician resiliency and survivor recovery from compassion fatigue, vicarious trauma and PTSD symptoms."
Phoenix, Arizona

Arizona State Wellness and Health Tri-versity" Coalition 2007

Sexual violence and Prevention and education Summit: Self-help techniques for recovery from sexual and domestic violence.
Phoenix, Arizona

Arizona Department of Peace 2007

Workshop: "Mass Trauma: A New Paradigm for Recovery"
Phoenix, Arizona

Trauma Response Team: Luke Air Force Base, 56th MDOS/SGOMH 2007 - 2010

Traumatic Stress Response Team Workshop: Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Luke AFB, Arizona

National Association of Social Workers – Arizona (NASWAZ) and Arizona State University (ASU) 2007

Workshop: "Mass Trauma: A New Paradigm for Recovery"
Phoenix, Arizona

Department of Behavioral Health, US Army, Ft Sill 2006

Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Rach, Oklahoma

Phoenix Vet Center 2006

Trauma Releasing Exercises (TRE) for veterans of Vietnam, Afghanistan, Gulf War, OEF & OIF.
Phoenix, AZ

Sociedade de Analise Bioenergetica do Nordeste Brasileiro 2006

O tratamento neuropsicomotor dos traumatismos, desordens e stress pos-traumáticos. (The use of the neuro sensory motor response for the alleviation of post-traumatic stress disorders)
Recife, Brazil

Genesee County Mental Health Association 2006

Keynote speaker: *Mass trauma and its psychosocial impact on health practitioners.*
Workshop Presenter: *The Neuro-anatomy of trauma and extinction of the hypothalamus-pituitary-adrenal (HPA) axis.*

Batavia, New York.

Société Française d'Analyse Bio-Energétique 2006

*Le traitement neuropsychomoteur des traumatismes, désordres et stress post-traumatiques.
(The use of neurogenic tremors for the alleviation of post traumatic stress disorder (PTSD)
symptoms)*

Paris, France

Internationales Institut für Bioenergetische Analyse 2006

*Posttraumatische Belastungsstörung (PTSD) – Symptome und deren Behandlung
(Post-traumatic Interference (PTSD) – Symptoms and its Treatment)*

Heidelberg, Germany

The National Institute for the Clinical Application of Behavioral Medicine 2006

Neurogenic tremor release technique for the alleviation of PTSD symptoms.

Hilton Head, South Carolina

International Yoga College 2006

Mass trauma: A body-based recovery method for large-scale populations with PTSD.

Tucson, Arizona

164th Corps Support Group (CSG) S-1 2006

*Pre-deployment training in Combat Operational Stress, Rucksack Palsy, and post traumatic
stress symptoms.*

Mesa, Arizona

National Association of Social Workers (NASW) 2005

Trauma recovery methods for large-scale traumatized populations.

Phoenix, Arizona

Walter Reed Army Medical Center: Deployment Health Clinical Center (DHCC) 2005

*Neurogenic tremor release technique for the alleviation of hyperarousal PTSD symptoms
among Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) soldiers.*

Washington, D.C.

United States Association for Body Psychotherapy (USABP) 2005

*Trauma releasing exercises (TRE): The use of neurogenic tremors for the alleviation of
PTSD symptoms.*

Tucson, Arizona

Foundation for Global Leadership 2005

Trauma assistance and hotline protocol for first responders to traumatic events.

Manama, Bahrain

Alpha & Charlie Co. 1st Battalion 151st Field Artillery 2004, 2005
Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Morris, Minnesota

International Institute for Bioenergetic Analysis 2005
Neurogenic tremors and the alleviation of hyperarousal post traumatic symptoms.
Boston, Massachusetts

National Organization for Continuing Education of Roman Catholic Clergy 2004
Bioenergetics and sexual celibacy: A bodily experience.
San Diego, California

Non-Government Organizations 2002
 Unicef, World Health Organization (WHO), Doctors without Borders, Med Air, Concern for the World, Friedrich Egert Stiftung. *The effects of trauma among local and foreign volunteers in Sudan.*
Lokichokio, Kenya

El-Ahfad University. Department of Psychology 2002
Sudan and trauma: A new paradigm for healing a nation.
Khartoum, Sudan

INTERNATIONAL RESIDENTIAL EXPERIENCE

Sudan

Trauma Recovery Therapist 1999-2002
 Developed and implemented a national trauma recovery program in conjunction with Sudanese non-government organizations and German relief agencies. Trained and supervised local Sudanese leaders in trauma recovery awareness, education and somatic psychotherapy techniques.

Israel

Conflict Resolution Consultant 1995-1997
 Provided stress management & trauma relief programs to embassy and consulate staff. Designed trauma intervention programs for local Israeli and Palestinian organizations. Supervised therapists, social workers, counselors and emergency medical teams on the psychological and physical interventions necessary in the trauma recovery process.

New Zealand

Bioenergetic Analysis Training Supervisor 1994-1995
 Provided supervision for the local Bioenergetic Training Program. Supervised thirteen 2nd and 3rd year trainees in issues pertaining to somatic psychotherapy. Facilitated individual and

group psychotherapy sessions. Designed and taught workshops on the psychobiological effects of stress and trauma.

Western Samoa

Substance Abuse Counselor 1985-1986
Designed culturally sensitive substance abuse programs. Provided clinical counseling and staff support to Alcoholics Anonymous programs.

Lebanon

War Relief Service Provider 1980-1981
Provided social services for victims of war and political violence. Engaged in war relief social work efforts among military, civilian populations, women and abandoned children.

North Yemen

English Teacher 1979-1980
English teacher for grades 1-6 in a high security adolescent & residential school.

Egypt

Youth Coordinator 1978-1979, 1982
Assisted in supervising and facilitating individual and group therapy programs for Egyptian teenage youth with histories of family violence, severe poverty, juvenile delinquency and domestic violence.

ADDITIONAL INTERNATIONAL EXPERIENCE

Bahrain, Kenya, Ethiopia, Uganda, Northern Ireland, Chile, Bolivia 1999-2004

Trauma and Conflict Resolution Consultant
Developed and facilitated culturally sensitive trauma awareness and training workshops. Provided on-going training, educational and supervisory programs for local populations for the purpose of developing trained trauma professional within the host countries.

PROFESSIONAL EXPERIENCE

Founder of Trauma Recovery Assessment & Prevention Services 2000-present

International Trauma Coach & Consultant
Provide specialized trauma recovery assistance to international organizations whose employees are living and working in trauma inducing environments. Design, organize & implement comprehensive trauma recovery and stress management programs for International Relief Agencies, Government and Non-Government Organizations (NGO). Train and supervise senior staff on individual and organizational trauma behaviors and a healthy recovery process. Supervised programs in Ethiopia, Eritrea, Israel, Kenya, Northern Ireland and Sudan.

Formation Consultation Services 1998-2000

Staff Psychotherapist

Provided clinical assessments of international clients as well as short-term counseling to in-house residents. Developed and implemented community organizational workshops in Ireland, Ethiopia, Eritrea, Kenya and Sudan.

Maryknoll International Society 1976-1998

International Cross-Cultural Consultant

Promoted global relationships for the peaceful cohabitation of diverse cultures through large-scale and long-term intercultural projects and assistance programs. Designed intercultural training programs that addressed barriers to effective cross-cultural management. Implemented training programs on diversity in a multicultural workplace.

Massage Therapist 1998-2005

Private Practitioner

Provided professional massage to a diverse clientele as a state certified massage therapist. Massage techniques included: Osteopathic Massage, Psychotherapeutic Massage, Neuromuscular Massage and Swedish Massage.

Bioenergetic Therapist 1994-present

Private Practitioner

Provide a bioenergetic analytic approach to the psychotherapeutic process by combining psychotherapeutic insight with body sensitivity. Promote an integration of body, mind and spirit approach to resolving psychosomatic patterns of distress.

Spiritual Director 1976-2001

Engaged in spiritual/religious dialogue and practices as well as provided spiritual direction within diverse cultural and religious contexts.

CURRENT PROFESSIONAL AFFILIATIONS

Academy of Traumatology (AT)
 Association for Bodywork and Massage Professionals (ABMP)
 The United States Association for Body Psychotherapy (USABP)
 International Institute for Bioenergetic Analysis (IIBA)

LANGUAGES

Arabic: Speak – fluently: Read – moderately: Write – with facility.
Italian: Speak – moderately: Read – easily: Write – moderately.
French: Speak – beginner: Read – easily: Write – moderately.

MILITARY SERVICE

United States Air Force (USAF) **Active Duty.** 1972-1978. Honorable Discharge.