



Deva Laya Guleng
Natural Therapist, TRE Trainer

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Deva Laya was born in Norway, but has been living and working in Sweden since 2005.

She is a certified TRE trainer and also has a diploma as a natural therapist (massage, acupuncture, zone therapy, herbs etc). Additionally, she has been following a leadership program for 1.5 years, which focuses on leadership roles of the future and how they can be sustainable. Throughout her career he has led groups in self-developing retreats, meditation retreats, inner guidance, healing and empowerment among other things.

Deva Laya first had contact with TRE in 2008, and has been practicing TRE since then. The excitement and inspiration to use TRE as a self-healing method both for herself and as a tool in her work with other people moved her to enter the TRE training program. She is trained by Dr David Berceci, Jonas Nordström & Riccardo Cassiani Ingoni.

She is highly dedicated to leading groups and individuals through the TRE exercises while providing grounding and support. It is with much gratitude and humbleness that she witnesses other people through their healing process.

Deva Laya is engaged in guiding people to find their inner power and also loves to use Crystal Sound Bowls and her voice in her work. One of her strongest visions is to continue being a guide, to support, help and empower people all over the world, especially those who are our future – the children!