



Eleanor Bubb

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TRE Qualifications: TRE Practitioner Level I

Other Qualifications:

- Med Educational Psychology (University of Johannesburg)
- Higher Educational Diploma
- Imago Therapist and Workshop Presenter
- EMDR Therapist
- Completed course work for MSc Paediatric Neuro Development – research still to be completed
- Hypnotherapy – SASCH – Eriksonian; Ego-state Therapy; Medico-Hynoanalysis
- Hypnotherapy - Wellness Institute –Heart Centre Hypnotherapy -d therapist, trainer and mentor
- NLP – Master Practitioner

Comments:

I am a registered Clinical and Educational Psychologist in private practice with a special interest in Neuropsychology. In my clinical practice and in community work I work extensively with individuals who have gone through trauma, have PTSD, and who are stressed. My practice is a general clinical and educational psychology practice for adults, children and teenagers as well as specializing in Forensic and Medico Legal areas. I use TRE extensively with my clients, couples, and in the community and have found it a highly effective method of treatment for trauma, life stress and in self growth and development. It is a privilege to be able to give to my clients a skill they can use for self-healing and self growth. I have also experienced the positive and lasting effects of TRE in my own life and can therefore confidently share it with my clients.