



Gillian Lasker Lourenco

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Town: Cape Town

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TRE Qualifications: TRE Practitioner Level I

Other Qualifications:

- BSc Physiology & Psychology
- PGCE – Post Graduate Certificate in Education
- Basic Massage Therapy & techniques

Comments:

I am currently a massage therapist, Lifeline counselor and trainee to become an ASTAR (Awakening Spirit Through Art) facilitator. My orientation is a creative and holistic one in which I believe that healing can take place on any and all of the mental, physical and spiritual levels. TRE provides a physical component to the healing modalities I offer.