



**Janet Pitchford**

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**TRE Qualifications:** TRE Practitioner Level I

**Other Qualifications:**

- Registered professional Nurse
- Registered Midwife
- Registered psychiatric Nurse
- Registered Intensive care Nurse
- Flight Medical Attendant
- Advance CPR training
- Advanced Trauma Life support
- Advanced Paediatric Life support
- Advanced Cardiac Life support
- Basic Ambulance Attendant
- Certified BLS & CPR instructor with the American Heart Association and the Resuscitation Council of Southern Africa
- Life Coach - Learning Link International & Knowledge Universe Group

**Comments:**

I am currently doing Emergency Care Training, as well as Wellness coaching. I envisage Trauma Release integrating well in my life philosophy of facilitating others to help themselves, TRE is an amazing tool to incorporate in all I come into contact with.