

**Mary P. Shriver**

TRE LEVEL I Facilitator

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Mary discovered David Bercei's work three years ago and decided to become certified so she could share TRE with the world. She is a perfect example of someone who does not hold a list of credentials and certifications in other therapeutic modalities, but is committed to the self directed viral aspect of TRE.

A former trigger and sports massage therapist with a BS in Psychology, Mary has worked primarily in the field of production and marketing and was instrumental in conducting the first global TRE FOR ALL Fundraiser in Las Vegas in 2010. Approaching LEVEL II certification by year's end, Mary has decided to commit to TRE full heartedly and will be conducting workshops in Los Angeles on a regular basis.