



Mette Gajhede

Level 1 TRE Practitioner

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Born in 1964. Live in the northern of Denmark. Has been working as a nurse since 1991 and are now working as a psychiatric nurse. In 2010 certified as a gestalt therapist from Psychotherapeutic Center and are now having her own clinical practice besides working with social psychiatric. A member of the Danish Psychotherapist Association.

Trained TRE with David Berceci in 2011 and is qualified to work with individuals.