



Nina Frank,
**TRE Practitioner Level I, Registered Nurse, Midwife
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I have had my own healing practice for the last 20 years and am certificated in many different therapies and modalities, including Body Alignment Technique, which is also one of the Therapies I teach, Resonance Repatterning and am a facilitator in the Transformation Game (Findhorn), for small and larger groups.

One of the things that I love about TRE is that the body instinctively knows what it has to do for healing to take place and one doesn't need to understand what's happening. It just works.