



Dr. Yoga Gramani

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TRE Qualification: TRE Practitioner Level I

Other Qualifications:

PhD (Community Psychology)
Masters in Educational Psychology
Hypnotherapist
Play Therapist

Comments:

I am a therapist with a strong focus on the mind-body connection and healing. The effects of trauma often manifest in the form of deep chronic tension, stress, anxiety and depression. TRE is a revolutionary new technique to release these symptoms and restore an inner sense of peace and calm. Try it and be amazed!