



Mari-Luisa van Zyl

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TRE Qualifications: TRE Practitioner Level I

Other Qualifications:

- Masters in Clinical Psychology
- Spontaneous Healing Intra Systemic® (SHIP®) Facilitator
- Cranio Sacral Therapy® I, II & SER; Visceral Manipulation® I & II

Comments:

I'm a Clinical Psychologist in private practice. I facilitate three techniques, all based on the spontaneous healing ability of the body, mind and spirit – each technique enhancing/supporting the other.

I believe in intuitively facilitating the individual/unique healing and growth process that people go through in life. TRE® empowered me, helped me in living in the now on a day to day basis and I developed compassion for the 'villains' in life.