

TRE Workshop in Brasilia, Brasil



On my first day here in Brasilia, I presented TRE to the Brasilia University of students, professors and general public who are interested in the natural healing processes of the body evoked by TRE.

Mariano Pedrosa is an amazing interpreter who I had the fortunate opportunity to meet in Germany several years ago and he is one of the major promoters of TRE in Brazil.



The audience was a very interesting mixture of people with excellent questions and comments about TRE, psycho-emotional health and physical stress, anxiety and trauma.