

NAME: Elzine du Toit

PROVINCE: Cape TOWN: Brackenfell, Cape Town

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TRE QUALIFICATIONS: TRE Practitioner Level One

OTHER QUALIFICATIONS:

- Occupational Therapist
- Completed Feuerstein's Instrumental Enrichment (Level One)
- COGNET/CEA training
- Sensory Integration
- In the process of completing her Reiki masters

COMMENTS:

Elzine is a registered Occupational Therapist that specializes in metacognitive intervention and learning health support. She completed Feuerstein's Instrumental Enrichment (Level one) during 2007 as well as COGNET/CEA training (approaches for developing Metacognition and thinking skills). She is also trained in Sensory Integration and assist young and old with their sensory processing to be more functional in their activities of daily living. She is passionate to help people to be the best they can and TRE is a wonderful tool to assist her in this regard.