

NAME: Erica Clark

PROVINCE: KwaZulu Natal TOWN: Westville, Durban

TEL: +27 31266 1853

EMAIL: [ericac@telkomsa.net](mailto:ericac@telkomsa.net)

TRE QUALIFICATIONS: TRE Practitioner Level One

OTHER QUALIFICATIONS:

- Clinical Psychologist
- Honours and masters degree in Art and Psychology
- Teaching Diploma
- Hypnotherapy

COMMENTS:

Until TRE crossed my path psychotherapy and hypnotherapy were central to my practice as a clinical psychologist. As a hypnotherapist I work from a transpersonal perspective so TRE provides the perfect balance given that its starting point is the body. Prior to private practice I taught at all levels of education as a teacher and lecturer first of art and then psychology, and prior to that I was in the business world. I run a poetry group have had my poetry published and a self-help book entitled The Guardian Within. I am currently working on a second book and a collection of poetry. My practice is devoted to work with adults and adolescents.