NAME: Fiona Leibowitz

PROVINCE: Cape TOWN: Gardens, Cape Town

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TRE QUALIFICATIONS: TRE Practitioner Level One

OTHER QUALIFICATIONS:

- Energy Medicine Practitioner specializing in Relationship/Sexuality & Stress & Trauma
- Kinesiologist
- QEC – Quantum Energy Coaching – in training
- Chi nei Tsung (Taoist Visceral Massage)

COMMENTS:

Fiona offers powerful tools to reduce stress + anxiety, pain, depression, sexual issues, relationship problems and deep-seated traumas. She uses TRE to explore dysfunctions of the body/mind that may be causing aspects of dis-ease or imbalance. Fiona combines various techniques from ancient wisdoms such as the Tao, using Life Force Energy through breath and flow as well as encouraging a new mind-body consciousness. She encourages her clients to empower themselves, through trusting their own body's' choices –

Through TRE we reach a state of simple conscious whole healing – a place of allowing the body to dialogue with us, via its most natural and organic mechanism. This is true "Self-Healing

Fiona offers a profoundly holistic and empowering approach to the healing of Self.