

NAME: Hayley Ritzlmayr

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TRE QUALIFICATIONS: TRE Practitioner Level One

OTHER QUALIFICATIONS:

- Alternative Health Practitioner with a particular passion for Craniosacral Therapy
- NLP Practitioner
- Reflexologist
- Kinesiology

COMMENTS:

Haley is an Alternative Health Practitioner with a particular passion for Craniosacral Therapy and TRE (Trauma Release Exercises)

She has been personally trained by Dr David Bercili and is currently training as a TRE mentor. She has made it her mission to share information about this form of healing after having had exceptional results with her own back pain.

Having suffered a disc injury at the age of 16 years and living with pain for almost 20 years, Haley has always been in search of alternative ways of improving this pain. After attending the Level one workshop and trembling for 4 days, her back pain improved by 90% and is very much under control and a fusion operation is no longer required.

She grew up in Zimbabwe and has lived in Johannesburg for 22 years. She was the South African Co-Sponsor for The Reconnection in the US and has also studied Kinesiology, and is a certified NLP Practitioner and Reflexologist.