

**NAME:** Natasha Lyon

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**TRE QUALIFICATIONS:** TRE Practitioner Level One

**OTHER QUALIFICATIONS:**

**COMMENTS:**

I am a Business Development Manager in the Security Solution Industry in the Western Cape and Professional Wife and Mother of two. I am focused on improving my family's well being with the use of TRE, as well as bringing TRE to the corporate world to manage stress, and aspire to assisting children with ADHD. I want to instill in my family and children values which teach them the only way to become better people is by helping others and being considerate of others, and creating a balance in life. I believe this can be done with TRE.