

NAME: Peter B Steinegger

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TRE QUALIFICATIONS: TRE Practitioner Level One

OTHER QUALIFICATIONS:

- ANLP – Neuro-Linguistic Programming & Guided Visualisation
- Culinary Science & Hotel Management
- COMENSA – Coaching & Mentoring Association of South Africa

COMMENTS:

Born in Switzerland I lived there for the first 20 years of my life. After graduating in Culinary Science & Hotel Management my early career expanded to the USA and Namibia before residing in Cape Town. I view my life as an ever-unfolding journey, along the way there has been much diversity, all adding rich meaning. I held two lectureships at tertiary level and own a business. I practice and coach towards attaining integration and excellence in personal & family life, groups & communities, learning & education, workplace and sports performance and to transform dis-ease and illness with ease to wellness, irrespective of creed, culture, gender and age.