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TRE QUALIFICATIONS: TRE Practitioner Level 1

OTHER QUALIFICATIONS:

Work experience:

- Coaching & mentoring have been a part of my work for many years
- Development Practitioner in the NGO sector in Southern Africa (OD, process facilitation, leadership training, partnership building and communication)
- Life coach and TRE coach
- 15 years experience from refugee resettlement and social service management (in Norway) including working with PTSD and trauma
- Quantum Energy Coaching trainee – a simple technique based on new energy medicine

Academic and other Training:

- Qualified Life Coach (International Coach Academy).
- Reiki II qualified.
- Formation program for organization development practitioners.
- Degree in the humanities from University of Bergen, Norway.
- University certificates in: Counseling for Health and Social Services, Diversity – integration of diverse ethnic groups, Development studies.

COMMENTS:

“It is never too late to be what you might have been,” G. Eliot

TRE is an integral part of my work, in which I aim to partner with clients in a process that inspires them to achieve their personal and professional potential in all aspects of their life.