

NAME: Eda Greenway

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TRE QUALIFICATIONS: TRE Practitioner Level One

OTHER QUALIFICATIONS:

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- Director of Sport at the King David Victory Park Campus
- School teacher
- Bachelor of Arts degree
- Independent Education Board Assessor (IEB)
- lectured in Games and Methodology in the Division of Physical Education at The University of the Witwatersrand
- F.I.H. (International Federation of Hockey) Coach
- Reiki and Universal Healing Energy practitioner

COMMENTS:

TRE is a wonderful modality, as the students' self-healing impacts on all areas of their lives positively. I am facilitating TRE with a variety of different student groups of all ages as well as private individual and group sessions out of the school environment. Integrating Trauma Release Exercises with my teaching and coaching programmes enhances students' performance and self-esteem.