



**Olga Kulanowska**, D.R., D.R.M., C.M.C.  
Natural Holistic Therapies Practitioner  
and Civil Marriage Celebrant

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TRE Level I Practitioner

I have been practising natural holistic therapies since the beginning of 1997. I believe that the most effective healing takes place if the source of disharmonies on the physical, mental or emotional level has been addressed, and TRE is one of the modalities that reaches beyond the symptoms.

**I offer the following modalities:**

Reflexology, Remedial Massage, Lymphatic Drainage, Jin Shin Jyutsu, Energy Healing, Metamorphosis, Stretches for tension release and muscular balance (Kit Laughlin), and TRE (Level I).