Richmond Heath

TRE Level 3 Trainer
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Richmond is a registered Physiotherapist, Executive Director of Trauma Release Australia and Level 3 TRE trainer who was responsible for bringing Dr David Berceli and TRE to Australia for the first time in 2011.

Richmond also holds an Advanced Diploma of Aboriginal Studies, is a qualified Bowen Therapist, teaches Clinical Pilates and has a diverse background in both public and private health sectors including youth, community, mental and indigenous health.

Richmond coordinates the professional training and supervision of TRE trainers Australia wide providing TRE workshops and training for groups, corporations, organizations and local regions all around Australia and Asia Pacific.

He has presented internationally on a range of topics and is a clear, engaging and inspirational presenter with an obvious passion for providing the information, understanding and tools to assist people's personal growth and transformation in all aspects of their lives.

He is dedicated to assisting the spread of TRE around Australia and the Asia Pacific and is available for presentations at seminars and conferences, 1 day public workshops, 3 hour occupational health and wellbeing training and 3 day professional training workshops to train others to lead people through the TRE process.

Richmond is also available for private TRE consultations in Warrandyte, Melbourne, Victoria. (claimable on private health insurance as a Physiotherapy consultation)