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Like so many of us my early life was less than ideal, substantial levels of abuse featured in my early childhood so depression, mood swings, plus a string of broken relationships followed me into adulthood. Fortunately my life turned around when I crewed a yacht in the mid winter Trans Tasman race in 1997. Coming 2nd we battled 5 days of severe storms that left me, battered bruised and in need of some serious damage repair. Deep tissue massage solved the problem, became an interest, and assisting others back to wellness became a passion.

Since 1997 through my company Wellness at Work Ltd I have been a therapy provider for many major corporations plus international sports teams and athletes. The patented **Bodywall®** system **Bodytools®** and **Scarsaway®** fascial release tools we developed, are now in use by Physiotherapists, both in NZ and Australia. Bodytool® and Scarsaway® tools are sold in 50 countries worldwide.

I am passionate about many things, but most of all helping others to get out of that bad space that I too, spent so much of my life in. So most importantly the work we perform has been able to assist a large number of abused men, women, and children back to states of balance.

Adding to this I have found David Berceci's TRE delivers an easy, wonderful and gentle option for my most fragile clients, for self care and support, plus it has been a boon to me personally.

We operate our clinic on a **No Change No charge** basis, so everything we do has to work. **TRE fits right in, because it works!** I am delighted to be able to offer our patients TRE as an adjunct to the treatments we provide so leaving trauma where it belongs 'in the past' can be just a bit easier.

I look forward to assisting you. Chris Toal