



David Berceli

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<http://www.traumaprevention.com>

<http://www.youtube.com/davidberceli>

EDUCATION

Doctor of Social Work (Ph.D) Arizona State University Tempe, Arizona	2007
Masters of Social Work (MSW): Direct Practice Fordham University New York, New York	1993
Master of Arts in Theology (MA) State University of New York – Maryknoll School of Theology Ossining, New York	1987
Masters of Arts in Arabic and Islamic Studies (MA) <i>Pontificio Istituto di Studi Arabi ed'Islamistica</i> (Pontifical Institute for Arabic & Islamic Studies) Roma, Italia	1984

ADDITIONAL EDUCATION

Board Certified Psychoneurologist The American Board of Psychoneurology Beurin University, Beverly Hills, CA.	2012
Board Certified Neurotherapist & Certified Neurotherapy Instructor Natural Therapies Certification Board Black Mountain, North Carolina	2008
Certificate in Field Traumatology Traumatology Institute (Green Cross Foundation) Tallahassee, Florida	2005
Certificate in Massage Therapy Reilly School of Massage Therapy Virginia Beach, Virginia	1998
Certificate in Bioenergetic Analysis International Institute for Bioenergetic Analysis New York, New York	1994

PUBLICATIONS

Books

Berceli, D. (2015). *Shake it Off Naturally: Reduce Stress, Anxiety, and Tension with TRE*. Charleston, S.C: Create Space Publishers.

Translated: Polish. (2015, 2018). *Shake it Off Naturally: Wyrzłośnij to Ćwiczenia TRE: uwolnij stress, lęk I napięcie*. (Joanna Woloszczuk, Trans.) Centrum Pracy z Ciałem Publishing. ISBN: 978-83-938294-2-2.

Translated: Bahasa Indonesian. (2016). *Shake if Off Naturally: Mengurangi Stres, Kecemasan, dan Ketegangan dengan TRE*. (Hindra Gunawan, Trans.) Sinotif Publishing. ISBN: 978-602-719-850-0.

Berceli, D. (2008). *The revolutionary trauma release process: Transcend your toughest times*. Namaste Publishers, Vancouver, Canada.

Translated: Indonesian. (2018). *The Revolutionary Trauma Process: Taklukkan Masa-Masa Tersulit Anda*. (Dian Martha Widjaja: Trans.). Sinotif Publishing. ISBN: 978-602-51011-0-6.

Translated: Japanese. (2012). TRE 開発者デイビッド・バーセリ博士著書 山川紘矢・山川亜紀子翻訳 「人生を変えるトラウマ解放エクササイズ」 PHP研究所 2012年5月8日出版予定 只今、好評予約発売中! ‘The Life Changing Trauma Release Exercises’. (Koya & Akiko Yamakawa: Trans.). Tokyo, Japan.

Translated: Spanish. (2011). *Liberación del Trauma: Perdón y temblor es el camino*. (Elena Olivos & Francisco Huneus: Trans.). Santiago, Chile. ISBN 978-956-242-119-5.

Berceli, D. (2005). *Trauma releasing exercises: A revolutionary new method for stress/trauma recovery*. Charleston, S.C: Create Space Publishers.

Translated: Swedish. (2019). *Tension & Trauma Releasing Exercises*. (Deval Laya Guleng, Trans.) Omnibalance-Publishing.SE.

Translated: Turkish. (2019). *Travmayı Birakma Egzersizleri*. (Sarah Zorica Mitic, Trans.) Tatjana Rottenberg Publishing.

Translated: Korean. (2017). *Tension & Trauma Releasing Exercises*. (Eunju Choi, Trans.) Oraen-Gieok Pub. ISBN 979-11-960769-0-0 (13510)

Translated: Italian. (2016). *Metodo TRE: Esercizi per rilasciare stress e trauma* (Riccardo Cassiani Ingoni & Alessandro Massari, Trans.) Spacio Interiore Pub. Roma, Italia. ISBN 978-88-97864-78-3

Translated: Bahasa Indonesian. (2015). *Metode Revolusioner untuk Pemulihan dari Stres dan Trauma*. (Hindra Gunawan, Trans.) Sinotif Publishing. ISBN: 978-602-719-850-0.

Translated: French. (2014). *La method T.R.E. pour se remettre d'un stress extreme*. (Florence Ludi, Trans.) Thierry Souccar Éditions. ISBN: 978-2-36549-074-0.

Translated: Spanish. (2013). *Ejercicios para la Liberación de la Tensión y el Trauma (TRE)*. (María Verónica Sangrá, Trans.) CreateSpace, a DBA of On-Demand Publishing, LLC. ISBN 1-4922-5092-9.

Translated: Slovenian. (2013). *Vaje Za Sproščanje Stresa In Travme Tre: Revolucionarna nova metoda za okrevanje po stresu in travmi*. (Jelka Slapar, Trans.) Prevajanje Orbita, Melbourne, Australia. ISBN 978-0-9923030-0-6.

Translated: Danish (2012). *TRE Trauma-en spanningsreducerende oefeningen*. (Vertaalbureau Popkema, Trans.) Uitgeverij Elikser Publishers. www.elikser.nl Netherlands. ISBN 978-90-8954-447-6.

Transaled: Finnish. (2011). *TRE – stressinpurkuliikkeit: Stressin ja Traumojen Helpottamiseen*. (Katriina Mähönen, Trans.) Kuva ja Mieli Oy. Helsinki, Finland. ISBN 978-952-99485-4-3.

Translated: Polish. (2011). *Zaufaj Ciału: Ćwiczenia które uwalniają traumę, stres i emocje*. (Joanna Olchowik: Trans.). Koszalin, Poland. ISBN 978-83-930534-2-1.

Translated: German. (2007). *Körperübungen für die Traumaheilung*. (Peter Brandenburg, Trans.). Herausgeber, Germany. ISSN 0946-8846

Translated: Portuguese. (2007). *Exercícios para Libertação do Trauma: Um revolucionário novo método Para a recuperação de stress e trauma*. (Silveira Tai, Trans.). Recife, Brazil. ISBN 978-85-98263-16-8.

Book Chapters

Berceli, D. (2014). The Joy of Living in the Parasympathetic System. In Maria Napoli (Ed.), *Beyond Stress: Strategies for Blissful Living*. (pp. 9-27). Dubuque, IA: Kendall Hunt.

Berceli, D. (2011). Allowing the body to continue to heal itself. In *Handbook for Bioenergetic Analysis* (pp. 331-340). Berlin, DE: Majuskel Medienproduktion.

Berceli, D. (2004). Trauma Releasing Exercises: TRE. In Vita Heinrich-Clauer (Ed.), *Post-Conflict Healing: Trainer manual for peace building in Uganda (Module 4)*. Jamii Ya Kupatanisha P.O. Box 198, Kampala, Uganda. pp. 22-26.

Monographs

Berceli, D. (2003). *الطريق إلى الشفاء من صدمات الحرب* [Pathway to healing from war induced trauma]. Trauma Recovery Assessment and Prevention Services. 5350 E. Deer Valley Dr. Phoenix, AZ. 85054.

Refereed Journal Articles

Berceli, D., Salmon, M., Bonifas, R., Ndefo, N. (Sept. 2014). Effects of Self-induced Unclassified Therapeutic Tremors on Quality of Life Among Non-professional Caregivers: A Pilot Study. *Global Advances in Health and Medicine*, 3(5), 45-48. www.gahmj.com

Berceli, D. (2010). Neurogenes Zittern: Eine körperorientierte Behandlungsmethode für Traumata in großen Bevölkerungsgruppen. *Trauma & Gewalt: Forschung und Praxisfelder*, (4), 148-156.

Berceli, D. (2007). *Evaluating the effects of stress reduction exercises*. Arizona State University). *ProQuest Dissertations and Theses*, Retrieved from <http://login.ezproxy1.lib.asu.edu/login?url=http://search.proquest.com/docview/304896290?accountid=4485>

Berceli, D., & Napoli, M. (Oct. 2007). A Proposal for a Mindfulness-Based Trauma-Prevention Program for Social Work Professionals. *Complementary Health Practice Review*, 11(3), 1-13.

Okamoto, S., LeCroy, C., Tann, S., Rayle, A., Kulis, S., Dustman, P., & Berceli, D. (2006). The implications of ecologically based assessment for primary prevention with indigenous youth populations. *The Journal of Primary Prevention*. 27, 155-170.

Additional Published Articles

Berceli, D. (2011). *Un uomo fatto d'argilla: Aiutami a guarire me stesso*. [A man made of clay: Help me to heal myself]. La rivista italiana di analisi bioenergetica. Via Magna Grecia 128, 00183 Roma, Italia. N. 1/2 – 2010.

Koch, L. & Berceli, D. (2005). The Iliopsoas muscle: A bio-reverent approach. *Massage*, 114, 74-82.

Koch, L. & Berceli, D. (2005). The Psycho-emotional aspects of the Iliopsoas muscle. *Massage*, 115, 106-113.

Berceli, D. (2005). Trauma Releasing Exercises: The use of psychogenic tremors for the alleviation of Post Traumatic Stress Disorder (PTSD) symptoms. *U.S. Association for Body Psychotherapy. 4th National Conference Proceedings*. 237-243.

Berceli, D. (2002). *Missionários Traumatizados*. (Trauma among Missionaries). *Vida Espiritana*. 13, May 2002. Casa General CSSP. Roma, Italia.

Berceli, D. (2000). Missionaries in trauma. *Irish Missionary Union Report*, 11, 3-4.

Berceli, D. (1999). Embodying politics: Recovering from political violence. *Bioenergetic Analysis*, 10, 18-20.

Berceli, D. (1999). Trauma and the startle reflex: Its creation and resolution. *Bioenergetic Analysis*, 10, 22-24.

Translated Journal Articles

Berceli, D., Salmon, M., Bonifas, R., Ndefo, N. (Sept. 2014). **(Spanish)** Efectos de los temblores autoinducidos no clasificados sobre la calidad de vida en los cuidadores no profesionales: un estudio piloto. Effects of Self-induced Unclassified Therapeutic Tremors on Quality of Life Among Non-professional Caregivers: A Pilot Study. *Global Advances in Health and Medicine*, 3(5), 45-48. www.gahmj.com

Berceli, D., Salmon, M., Bonifas, R., Ndefo, N. (Sept. 2014). 自诱导未分类治疗性震颤对非专业护理者的生活质量的影响：一项初步研究。(Chinese). Effects of Self-induced Unclassified Therapeutic Tremors on Quality of Life Among Non-professional Caregivers: A Pilot Study. *Global Advances in Health and Medicine*, 3(5), 45-48. www.gahmj.com

Berceli, D. (2003). Trauma – die unsichtbare epidemie symptome, Auswirkungen und heilungsansätze. (Symptoms of trauma). Translated in *Forum Weltkirche*, 4, 28-3.

Berceli, D. (2002). Missionarios traumatizados. (Traumatized Missionaries). Translated in *Vida Espiritana: Missao Em Situacoes-Fronteiras*, 13, 65-69.

Conference Papers

Berceli, D. (2010, October). Neurogenic tremors in self-regulation of autonomic state and spinal tension. *Conference Proceedings of the Norwegian Chiropractors' Association 75th Anniversary International Conference*.

Berceli, D. (2006, December). Neurogenic Tremor Release Technique (NTRT) for the alleviation of PTSD symptoms. *Conference proceedings of the 18th International Conference of the National Institute for the Clinical Application of Behavioral medicine (NICABM), Hilton Head, South Carolina*.

Berceli, D. (2005, July). Trauma releasing exercises: The use of psychogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms. *Conference Proceedings of the 4th national conference of the United States Association for Body Psychotherapy. (USABP) Tucson, Arizona*.

Video Publications

Berceli, D. (2015). *Shake it Off Naturally: Reduce Stress, Anxiety, and Tension with TRE (DVD)*. Charleston, S.C: Create Space Publishers.

- Berceli, D. (2010). *Curso para o Tratamento do Trauma e do Estresse Pós-Traumático*. [A course for the treatment of trauma and post traumatic stress]. Libertas Publications, Recife, Brazil.
- Berceli, D. (2008). *The revolutionary trauma release exercises: Transcend your toughest times*. Namaste Publishers, Vancouver, Canada.
- Rabin, M. (2005). One hour television interview. *David Berceli's Trauma Releasing Exercises (TRE)*. A Better World Media. Manhattan, New York.
- Berceli, D. (2004). *Trauma Releasing Exercises (DVD): A self-help trauma recovery methodology*. Trauma Recovery Assessment and Prevention Services (TRAPS). 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.
- Berceli, D. (2001). *Pathway to Healing*. (VHS). 90 minute video of a self-help trauma recovery process. Trauma Recovery Assessment and Prevention Services (TRAPS). 5350 E. Deer Valley Dr. #1412, Phoenix, AZ. 85054.
- National Organization for Continuing Education of Roman Catholic Clergy. (2004). *Bioenergetics and working with sexual celibacy in the body*. (2004). Video taped presentation at the thirty first annual convention. 1337 W. Ohio St. Chicago, IL. 60622.

CONFERENCES & PUBLIC PRESENTATIONS

- | | |
|---|-------------|
| Andrew Weil Center for Integrative Medicine | Dec. 2019 |
| The Essential Role of Neurogenic Tremors in Trauma Recovery
<u>Tucson, AZ</u> | |
| 161st Air Refueling Wing-Goldwater Air National Guard Base | Nov. 2019 |
| Tension Releasing Exercises (TRE): Life Readiness Technique
<u>Phoenix, AZ</u> | |
| Inception | Oct. 2019 |
| Introductory workshops on TRE for inner city youth & counselors
<u>Detroit, MI</u> | |
| Southwestern School for Behavioral Health Studies | Aug, 2019 |
| Introduction workshop of TRE to Behavioral Health Counselors
<u>Tucson, AZ</u> | |
| Module 2 Certification Training | July, 2019 |
| <u>Houston, TX</u> | |
| Integrative Mental Health Conference Andrew Weil Center for Integrative Medicine | April, 2019 |
| Introduction of TRE to mental health professionals
<u>San Francisco, CA</u> | |

TRE Advanced Training Advanced training program for TRE certification process. <i>Jakarta & Bali, Indonesia</i>	Nov. 2018
TRE as a stress reduction for post-deployment 6th Airborne Brigade http://6bpd.wp.mil.pl/pl/index.html <i>Cracow, Poland</i>	June, 2018
TRE Advanced Training Advanced training program for TRE certification process. <i>Münster, Germany</i>	June, 2018
TRE Advanced Training Advanced training program for TRE certification process. <i>Dubrovnik, Croatia</i>	May, 2018
TRE Advanced Training Advanced training program for TRE certification process. <i>Amsterdam, Netherlands</i>	March, 2018
TRE Advanced Training Advanced training program for TRE certification process. <i>Copenhagen, Denmark</i>	March, 2018
TRE Advanced Training Advanced training program for TRE certification process. <i>Zagreb, Croatia</i>	March, 2018
TRE Advanced Training Advanced training program for TRE certification process. <i>Florianopolis, Brazil</i>	Dec. 2017
TRE Advanced Training Advanced training program for TRE certification process. <i>Koyasan, Japan</i>	Nov. 2017
TRE First Responder & Health care Professional Tng. Introduction to TRE as a self-help technique for first responders East Texas Medical Center https://www.etmc.org/location/etmc-tyler/ <i>Tyler, TX</i>	Oct. 2017
TRE Module I Training Provided Module I certification training program for TRE certification process. <i>Madison, WI</i>	Sept. 2017

- TRE Advanced Training** Sept. 2017
Advanced training program for TRE certification process.
Madison, WI
- TRE Advanced Training** June, 2017
Advanced training program for TRE certification process.
Bremen, Germany
- TRE Advanced Training: Theresian Military Academy** June, 2017
“Theresianische Militäarakademie”
Advanced training program for TRE certification process.
Wiener Neustadt, Austria
- TRE Advanced Training** June, 2017
Advanced training program for TRE certification process.
Bucharest, Romania
- TRE Advanced Training** May, 2017
Advanced training program for TRE certification process.
Charlotte, NC
- TRE Module I Training** May, 2017
Provided Module I certification training program for TRE certification process.
New York, NY
- TRE Module I Training** March, 2017
Provided Module I certification training program for TRE certification process.
Portland, OR
- TRE Advanced Training** Nov. 2016
Advanced training program for TRE certification process.
Humanitarian Support Asia, <http://tre-hsa.org/hsa/index.php/home/>
Tokyo, Japan
- TRE Introduction Training** Aug, 2016
Provided a TRE service program for active duty, military veterans and their dependents.
Harrisburg, PA
- TRE Training Program** July, 2016
Advanced training program for TRE certification process.
Phoenix, AZ
- TRE Training Program** June, 2016
Advanced training program for TRE certification process.
Madison, WI

- Theresian Military Academy “Theresianische Militärakademie”** Apr. 2016
Presented body interventions as a way of working with refugee populations
<http://campus.milak.at/campus/englisch/index.php>
Wiener Neustadt (Niederösterreich), Austria
- Norddeutsches Institut für Bioenergetische Analyse e.V. (The North German Institute for Bioenergetic Analysis Association (NIBA))** Apr. 2016
Advanced training in Trauma Releasing Exercises for German Certification program. <http://niba-ev.de/>
Munich, Germany
- TRE Module I Training** Nov. 2015
Provided Module I certification training program for TRE certification process.
Brussels, BE
- TRE Module II Training** Nov. 2015
Provided Module II certification training program for TRE certification process.
Berlin, DE
- Zastępca Komendanta Głównego Państwowej Straży Pożarnej** Sept. 2015
One day workshop for the State Fire Service of Warsaw on the effects of physical job related injuries and resiliency development.
http://www.straz.gov.pl/aktualnosci/lista_aktualnosci/Warsztaty-TRE/idn:35712
Warsaw, PL
- TRE Module II Training** Sept. 2015
Provided Module II certification training program for TRE certification process.
Warsaw, PL
- TRE Advanced Training** Aug. 2015
Provided one week advanced training for Certified TRE Providers which consists of psychotherapeutic principles and body awareness and intervention techniques.
Portland, OR
- TRE Module I Training** June, 2015
Provided Module I certification training program for TRE certification process.
Wash, DC
- TRE Module I Training** June, 2015
Provided Module I certification training program for TRE certification process.
San Francisco, CA

- Inner Vision Yoga** May, 2015
 One day experiential workshop on the basics of TRE for yoga.
Tempe, AZ
- TRE Module I Training** March, 2015
 Provided Module I certification training program for TRE certification process.
Montreal, CA
- TRE Module II Training** March, 2015
 Provided Module II certification training program for TRE certification process.
Phoenix, AZ
- TRE Module I Training** Feb. 2015
 Provided Module I certification training program for TRE certification process.
Chicago, IL
- Stairways Behavioral Health** Feb. 2015
 Provided 5 day training for staff of Stairways Behavioral Health to Incorporate TRE into their program that assists persons with mental health care needs, providing support essential for living fully in the community.
<http://www.stairwaysbh.org/>
Erie, PA
- Living Ubuntu (501c 3, non profit)** Jan. 2015
 Provided TRE workshops with didactic and experiential components for People associated with non-profit organizations.
<http://www.livingubuntu.org/>
San Diego, CA
- TRE Global Summit** Dec. 2014
 Presented the new training & certification program for Global TRE and Facilitated & supervised a five-day intensive training program.
<http://tre-summit.com/en/>
Bahia, Brazil
- Norddeutsches Institut für Bioenergetische Analyse e.V. (The North German Institute for Bioenergetic Analysis Association (NIBA))** Nov. 2014
 Provided Leve I & II training in Trauma Releasing Exercises for German Certification program.
<http://niba-ev.de/>
Vlotho & Ovelgöenne, Germany

- Inner Vision Yoga** Oct. 2014
 General workshop on stress reduction and trauma mitigation using TRE as a self-induced therapeutic tremor response of the autonomic nervous system.
www.innervisionyoga.com
Phoenix, AZ
- The Works Partnership** Sept. 2014
 Provided Level II certification training program for TRE certification process.
www.theworkspartnership.com
Singapore, Singapore
- Luke Air Force Base: AETC 56 MDOS/SGOMHF** Sept. 2014
 Presented TRE through didactic presentation and experiential praxis to the staff of the mental health treatment center.
Luke AFB, AZ
- TRE Training Program** June, 2014
 Provided Level II & Advanced Training certification programs for TRE certification and continuing education process.
Phoenix, AZ
- TRE Training Program** June, 2014
 Provided Level I & II certification training programs for TRE certification process.
Madison, WI
- TRE Training Program** May, 2014
 Provided Level II certification training program for TRE certification process.
www.yogacalm.org
Portland, OR
- Osprey Global Solutions** May, 2014
 Presented TRE as a down-regulating process during Osprey's defense and logistics services. Through didactic and experiential services the self-directed TRE process was demonstrated as a useful process for rescue, first responder, counter-crime and counter-terrorists personnel.
<http://www.ospreyglobalsolutions.com/>
Wilmington, NC
- Relationships & TRE, Personal Healing Intensive** April, 2014
 Discovering how the development of how the inner or intra-personal relationship within naturally leads to the development of inter-personal relationship with friends, colleagues, family and society.
<http://www.traumareleaseexercises.com.au/>
Brisbane, Sydney and Melbourne, Australia

- Theresian Military Academy “Theresianische Militärakademie”** March 2014
 Presented a 1 day workshop to 150 soldiers on the use of body interventions (TRE) as a method for resiliency and recovery from stress, tension and trauma.
<http://campus.milak.at/campus/englisch/index.php>
Wiener Neustadt (Niederösterreich), Austria
- TRE Certification Training** March, 2014
 Provided certification training program for TRE certification process.
Vlotho & Ovelgönne, Germany
- TRE Training Program** March, 2014
 Provided certification training program for TRE certification process.
Bilbao, Spain
- Northern Illinois University (NIU)** Feb. 2014
 College of Education, Department of Counseling, Adult & Higher Education
 Presented 2 day workshop on body interventions within the therapeutic counseling context and relationship.
<http://www.niu.edu/index.shtml>
DeKalb, IL
- United States Special Operations Command (SOCOM)** Jan. 2014
 Substance Abuse and Mental Health Services Administration (SAMHSA)
 National Center for Complementary & Alternative Medicine (NCCAM)
 Preserving the Force and Families Task Force (POTFF)
 Army Soldier for Life Office
 Presented TRE as a self-directed method for stress reduction in relation to substance abuse and mental health.
Washington, DC.
- U.S. Department of health and human services** Dec. 2013
 Presented TRE as a self-directed method for stress reduction in relation to substance abuse and mental health. www.samhsa.org
Austin, Tx.
- Malteser International** Nov. 2013
 Trained eight members of the Malteser Psycho-social staff for aid of Syrian Refugees located in Turkey.
<http://www.malteser-international.org/en/home/home.html>
Kilis, Turkey
- TRE Certification Training** Nov. 2013
 Provided certification training program for TRE certification Process. Norddeutsches Institut für Bioenergetische Analyse.
<http://bioenergetik-deutschland.de/fortbtre/allgemein.php>
Ovelgönne, Germany

- Danish Multiple Sclerosis Society** Oct. 2013
 Provided TRE awareness training to MS staff as it relates to the Physiotherapeutic process of Multiple Sclerosis.
<http://www.msif.org/>
Copenhagen, Denmark
- Flood Recovery Workshops** Oct. 2013
 Provided TRE as a self-help therapeutic recovery process for disaster survivors of Colorado flooding.
Boulder & Longmont, Colorado
- Attachment & Trauma Treatment Center for Healing** Oct. 2013
 Keynote speaker regarding self-induced unclassified therapeutic Tremors (SUTT) as a therapeutic process for trauma recovery.
<http://www.attch.org/>
Toronto, Canada
- TRE Certification Training** Sept. 2013
 Provided certification training program for TRE certification process.
<http://www.christinestewardrmt.com/>
Vancouver, BC
- TRE Certification Training** Aug. 2013
 Provided Level II & Advanced certification training program for TRE certification.
Phoenix, AZ
- Prescott Community Relief Program for Yarmell Hill Fire Disaster** Aug. 2013
 Provided TRE as a self-help therapeutic recovery process in collaboration with Prescott YMCA for firemen, EMT's, families & community survivors of the fatal Yarmell Hil fire disaster.
Prescott, AZ
- Army: Batallon De Sanidad "Soldado Jose Maria Hernandez:** July, 2013
 (Soldier Jose Maria Hernandez Military Health Unit) Taught TRE to 50 amputee soldiers to restore somatic sensitivity post trauma.
<http://www.trecolombia.com/>
Bogotá, Columbia
- TRE Certification Training** July, 2013
 Provided Level II certification training program for TRE certification.
<http://www.trecolombia.com/>
Bogotá, Columbia
- TRE Certification Training** June, 2013
 Provided advanced certification training program for TRE certification.
Cefalù, Sicily

- Bioenergetics 22nd International Conference** June, 2013
 Keynote speaker on, *The grounded body: A Neuro-anatomical perspective.*
<http://www.bioenergetic-therapy.com/index.php/en/>
Palermo, Sicily
- VA: William S. Middleton Memorial Veterans Hospital** June, 2013
 Provided TRE certification training to VA staff as TRE process of including self-induced unclassified therapeutic Tremors (SUTT) as a therapeutic process for recovery from physical & psycho-emotional trauma.
<http://www.madison.va.gov/>
Madison, WI.
- Kripalu Center for Yoga and Health** June, 2013
 Provided Level I certification training program for TRE certification as it applies to the concepts of yoga and improved health.
<http://www.kripalu.org/>
Stockbridge, Mass.
- Healing Highrise Event** May, 2013
 Introductory presentations for TRE within alternative methods of healing.
<http://www.healing-highrise.com/program/>
Brussels, Belgium
- TRE Certification Training** May, 2013
 Provided certification training program for TRE trainees.
Zurich, Switzerland
- TRE Certification Training** May, 2013
 Provided certification training program for TRE trainees.
<http://www.centrumpracyzcialem.pl/>
Coszalin, Poland
- TRE Certification Training: Gesundheitsschule Hildegard von Bingen** May, 2013
 Provided certification training program for TRE trainees.
<http://www.treaustria.com/>
Wiener Neustadt, Austria
- TRE Certification Training** May, 2013
 Provided certification training program for TRE trainees.
Bilbao, Spain
- TRE Certification Training** April, 2013
 Provided certification training program for TRE certification Process. Norddeutsches Institut für Bioenergetische Analyse.
<http://bioenergetik-deutschland.de/fortbtre/allgemein.php>
Ovelgönne, Germany

- TRE Certification Training** April, 2013
Provided certification training program for TRE certification Process. Norddeutsches Institut für Bioenergetische Analyse.
<http://bioenergetik-deutschland.de/fortbtre/allgemein.php>
Vlotho, Germany
- Esalen Institute: TRE Men's Workshop** March, 2013
This didactic and experiential workshop explored the stressful challenges and solutions of being a healthy man, father & son in today's challenging times.
<http://www.esalen.org/>
Big Sur, CA.
- TRE: The Body's Natural Healing Mechanism** March, 2013
This didactic and experiential workshop explored how the self-induced unclassified therapeutic tremors (SUTT) evoked by TRE can be used as a therapeutic process for trauma recovery.
<http://www.esalen.org/>
Big Sur, CA.
- TRE Certification Training: The Works Partnership** March, 2013
Provided advanced certification training program for TRE certification as applied to the coaching profession.
www.theworkspartnership.com
Singapore City, Singapore
- TRE Certification Training** April, 2013
Provided certification training program for TRE certification process.
Portland, OR.
- TRE New Zealand** Dec. 2012
Provided trauma recovery services for earthquake survivors (2010).
Provided Level I & II training for TRE providers in New Zealand.
Developed a culturally sensitive TRE training program and service delivery for the *Maori* population of New Zealand.
Christchurch, New Zealand
<http://www.traumarelease.co.nz/>
- TRE Australia** Nov. 2012
Provided Level I & II training for TRE providers in Australia.
Sydney & Melbourne, Australia
<http://www.traumareleaseexercises.com.au/>
- TRE Spain** Oct. 2012
Provided Level I TRE training for TRE providers in Northern Spain.
Bilbao, Spain

- TRE Germany** Oct. 2012
 Provided Level I & II trainings for TRE practitioners in Germany.
<http://bioenergetik-deutschland.de/fortbtre/allgemein.php>
Ovelgönne, & Vlotho, Germany
- TRE Slovenia** Oct. 2012
 Provided Level I training for TRE providers in Slovenia.
Ljubljana, Slovenia
<http://www.treslovenia.si/>
- VA: Veterans, trauma & treatment: best mind-body practices: a professional conference from trauma to resilience:** Oct. 2012
 Presented TRE as a mind-body approach to stress reduction, trauma recovery resiliency development for pre/post deployment active duty and veterans.
Omega Institute, N.Y.
<http://www.eomega.org/workshops/conferences/veterans-trauma-treatment>
- Science, Spirit & Health Symposium** Sept. 2012
 Presented TRE as a self-help, stress reduction and trauma recovery method.
Tucson, AZ
- TRE Canada** Sept. 2012
 Provided Level I training for TRE providers in Canada.
Vancouver, B.C.
<http://traumaprevention.com/2010/06/09/certified-tre-practitioners-in-canada/>
- Setermoen Military Base** Sept. 2012
 Provided 1 day training on the neuro-physiology of stress & trauma and the Use of bodywork methods (TRE) for recovery and future resiliency.
Bardu, Norway
<http://mil.no/organisation/about/norwegianmilitarybases/Pages/Setermoen.aspx>
- Polícia Federal e Civil de Pernambuco, Brasil** July, 2012
 TRE training for 250 federal and civil police for Recife, Brazil.
Pernambuco, Brazil
<http://www.policiacivil.pe.gov.br/>
<http://www.youtube.com/watch?v=xboSLMH36Fg>
- Bahiana Escola De Medicina e Saúde Pública** July, 2012
 Presented TRE to the faculty and student body. Level I training in TRE to Be incorporated in the to curriculum of the university as an alternative health care program.
Salvador Bahia, Brazil
<http://www.bahiana.edu.br/site/>

- Academia de Polícia Civil** July, 2012
Provided TRE training to police personnel and mental health professionals.
Goiânia, Brazil
<http://www.policiacivil.go.gov.br/>
- Centro Ohani, a través del Centro de Estudios para la Calidad de Vida (CECV)** July, 2012
Level I training in TRE for psychology and alternative health professionals.
Santiago, Chile
<http://www.ohanichile.com/2010/06/21/biomagnetismo-practicas-clinicas-ex-hospital-san-jose/>
- Universidad de Talca,** June, 2012
Presented TRE to the Faculty of the Trauma Center and to student faculty.
Provided TRE services earthquake and tsunami survivors of Constitución,
Chile at the Survirer Centro de Psicología Aplicada.
Talca, Chile
<http://www.cepa.atalca.cl>
- TRE Argentina** June, 2012
Provided Level II training for TRE providers in Argentina.
Buenos Aires, Argentina
<http://www.bercelienargentina.com.ar/>
- Kripalu Center for Yoga and Health** June, 2012
Provided introductory TRE workshop.
Stockbridge, Massachusetts
<http://kripalu.org/>
- Gesundheitsschule Hildegard von Bingen** June, 2012
Provided Level II TRE training to medical professionals.
Wiener Neustadt, Austria
<http://www.bingen.at/>
- TRE Finland** June, 2012
Provided Level III instruction to medical professionals.
Helsinki, Finland
<http://www.tretriitit.fi/73343779>
- TRE Sweden** June, 2012
Provided Level I & Level II training to medical professionals.
Stockholm, Sweden
- Centre d'histoire et de prospective militaires (CHPM) of Pully** May, 2012
Provided TRE training to police & first responders.
Lausanne, Switzerland

- The Hill of Tara Foundation** May, 2012
 Provided TRE open workshop for unemployed youth experiencing stress and trauma due to cultural financial instability.
Madrid, Spain
- Andalusian Society for Bioenergetic Analysis** May, 2012
 Provided Level I TRE training for therapists of Southern Spain.
Seville & Malaga, Spain
<http://www.bioenergeticsaab.com/en/society.html>
- TRE South Africa** Feb. 2012
 Level III Training for TRE personnel providing local workshops and supervised training to professional and non-professional personnel.
Cape Town, South Africa
<http://www.onevisionafrica.com/>
- TRE Japan (TRE in 宮城・福島) (Tsunami & earthquake survivors)** Jan. 2012
 Introduction of body-based TRE interventions for individual, mass and cultural trauma recovery for the Japanese society.
Fukushima, Sendai, Tokyo, & Yokohama, Japan
<http://www.tre-japan.com/>
- TRE New Zealand (Christchurch earthquake survivors)** Dec. 2011
 Introduction of body-based TRE interventions for individual, mass and cultural trauma recovery for the New Zealand city of Christchurch.
Christchurch, NZ
<http://traumarelease.co.nz/>
- TRE Australia** Nov. 2011
 Provided workshops and training programs for the introduction of TRE in Australia. <http://trauma-release-exercises.com.au/>
Melbourne, Canberra, Brisbane, Perth & Sydney
- Alexander Lowen Foundation** Nov. 2011
 Training workshop on TRE. The neuro-physiology of stress & trauma. TRE was demonstrated as an alternative self-help modality to regulate natural health recovery.
New York, NY
<http://www.lowenfoundation.com/index.html>
- TRE Poland - Bioenergetyka Ośrodek Bioenergetycznej Pracy z Ciałem** Oct. 2011
 TRE training program sponsored by the Bioenergetics Society in Poland cooperating with The Alexander Lowen Foundation.
Gdansk, Poland
http://www.bioenergetykalowena.pl/en_index/

- TRE Austria - EINFÜHRUNGSWORKSHOP** Sept. 2011
 Introduced TRE and Neurogenic Tremors as a form of body psychotherapy as understood through neuro-physiological concepts.
Vienna, Austria
- D.G.K. Deutsche Gesellschaft Für Körperpsychotherapie** [EABP European Association for Body-psychotherapy (German Section):] Sept. 2011
 Introduced Neurogenic Tremors from TRE as a form of body psychotherapy as understood through neuro-physiological concepts.
Bremen, Germany
- Nordlandssykehuset, Rønvik** [Psychiatric Hospital] Bodö, Norway. Aug. 2011
 Introduction of body-based TRE interventions for individual, mass and cultural trauma recovery for the Norwegian culture.
http://www.ub.uit.no/baser/arkinord/categories.php?cat_id=511
Bodö, Norway
- Centro Reichiano de Psicoterapia Corporal** [Reichian Center for Body Psychotherapy] June, 2011
 Introduced Neurogenic Tremors as a form of body psychotherapy as understood through Reichian concepts.
<http://www.centroreichiano.com.br/>
Brasilia, Brazil
- TRE Argentina** June, 2011
 Provided workshops and training programs for the introduction of TRE in Argentina.
<http://www.bercelienargentina.com.ar/>
Buenos Aires, AR
- Omega Institute** May, 2011
 Omega forges leadership team of national experts to address best practices in healing veterans with ptsd. Presentation of TRE as used with military personnel.
<http://eomega.org/>
Rhinebeck, NY
- Alexander Lowen Foundation** May, 2011
 Training workshop on TRE. The neuro-physiology of stress & trauma. TRE was demonstrated as an alternative self-help modality to regulate natural health recovery.
<http://www.lowenfoundation.com/index.html>
New York, NY
- TRE Denmark** May, 2011
 Provided workshops and training programs for the introduction of TRE in Denmark.
Copenhagen, Denmark

- TRE Finland** April, 2011
 Provided workshops and training programs for the introduction of TRE in Finland. <http://trefinland.fi/>
Helsinki, Finland
- TRE Germany** April, 2011
 Provided workshops and training programs for the introduction of TRE. <http://bioenergetik-deutschland.de/fortbtre/allgemein.php>
Bremen, Germany
- TRE South Africa** April, 2011
 Provided workshops and training programs for the introduction of TRE in South Africa.
<http://www.onevisionafrica.com/>
Johannesburg & Cape Town, SA
- TRE Norway** March, 2011
 Provided introductory workshops and TRE training programs.
Oslo, Norway
- TRE Australia** Feb. 2011
 Provided workshops and training programs for the introduction of TRE in Australia. <http://trauma-release-exercises.com.au/>
Melbourne, Canberra, Brisbane, & Sydney
- Quantum Energy Coaching** Jan. 2011
 Provided TRE training and educational workshops as it applies to apartheid and xenophobia.
Johannesburg, South Africa
- Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury (DCoE)** Nov. 2010
 TRE as it applies to soldiers recovering from mild traumatic brain injury (MTBI) and Post Traumatic Stress Disorder (PTSD).
Wash., DC
- National Intrepid Center of Excellence (NICoE)** Nov. 2010
 TRE as it applies to soldiers recovering from mild traumatic brain injury (MTBI) and Post Traumatic Stress Disorder (PTSD).
Bethesda, Md.
- Department of Defense (DOD) TRICARE Management Activity** Nov. 2010
 TRE as it applies to State Dept., and DOD personnel living and working in situations of severe stress or trauma globally.
Wash., DC

- NETI - Núcleo de Estudos de Terapias Integradas, (Studies of Integrative Therapies) for Brazilian Military Personnel.** July, Nov. 2010
 TRE as it applies to down-regulation of the autonomic nervous system for Soldiers recovering from stress, anxiety, and PTSD.
Recife, Brazil
- I Simpósio Brasileiro sobre Trauma e Estresse Pós-Traumático: Dos danos à superação individual e coletiva.** Nov. 2010
 Keynote Speaker for: The first national symposium on trauma and post traumatic stress.
Recife, Brazil
- Quantum Energy Coaching** Sept. 2010
 Provided TRE training and educational workshops as it applies to apartheid and xenophobia.
Johannesburg, South Africa
- Krugersdorp Men's Prison** Sept. 2010
 A team of 30 volunteers presented a TRE workshop for 230 prisoners.
Krugersdorp, South Africa
- Alexander Lowen Foundation** Sept. 2010
 Training workshop on TRE. The neuro-physiology of stress, trauma and Secondary illnesses were presented. TRE was demonstrated as an alternative Self-help modality to regulate natural health recovery.
New York, NY
- 3rd Brigade 4th Combat Team, Ft. Carson** Aug, 2010
 Pre deployment training in Combat Operational Recovery Exercises (CORE), traumatic stress symptoms for deployment to Afghanistan.
Colorado Springs, CO
- Bioenergetic, Core Energetic & Community Therapy Association** July, 2010
 Trauma Releasing Exercise (TRE) Level I & II certification training for staff and volunteers.
Rio de Janeiro Brasilia, Recife, Brazil
- Joan M. Wright & Associates** June, 2010
 Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada
- Consulting & Counseling Centers** June , 2010
 Trauma Releasing Exercise (TRE) Level I & II certification training for staff and volunteers.
Baltimore, MD;& St. Louis, MO.

- Consulting & Counseling Centers** May, 2010
 Trauma Releasing Exercise (TRE) Level I & II certification training for staff and volunteers.
South Africa, Denmark, Finland, United Arab Emirates
- Male Survivor: International Conference on Male Sexual Victimization:** March, 2010
 Trauma Release Process as applied to sexual abuse recovery.
 John Jay College of Criminal Justice.
New York, N.Y.
- Colorado Drug and Alcohol Treatment Rehab Center - Jaywalker Lodge** February, 2010
 TRE as it applies to individuals undergoing rehabilitation from substance abuse.
Carbondale, CO.
- Magis Group** February, 2010
 TRE as it applies to military personnel as a resiliency program.
Boulder, CO.
- TRE Certification Training** February, 2010
 Presentation of Level I & II certification training.
Finland, Norway, South Africa, United Arab Emirates
- Staff Source USA** January, 2010
 TRE as it applies to management resources for the reduction of corporate stress and anxiety.
Hammond, IN
- 3rd Brigade 4th Combat Team, Ft. Carson** June, 2009
 Pre deployment training in Combat Operational Recovery Exercises (CORE), post traumatic stress symptoms for deployment to Afghanistan.
Colorado Springs, CO
- Association of New Brunswick Licensed Practical Nurses, Fredericton, NB.** May, 2009
 Keynote speaker at the annual meeting of the ANBLPN. This presentation included a didactic presentation on TRE as a method for reducing stress, PTSD and compassion fatigue among nurses.
New Brunswick, Canada
- Joan Wright and Associates,** May, 2009
 Certification training program for participants seeking certification in the TRE process.
New Brunswick, Canada

- 4th Brigade 4th Combat Team, Ft. Carson** April, 2009
Pre deployment training in Combat Operational Recovery Exercises (CORE), post traumatic stress symptoms for deployment to Afghanistan.
Colorado Springs, CO
- Arizona State University (ASU) Dept. of Social Work** March, 2009
Graduate students of the School of Social Work were introduced to TRE and The possibilities of using a body-based modality in therapeutic settings.
Phoenix, AZ
- Despierta tu ahora! Conferencias y Talleres:** March, 2009
("Wake Up Now" Conference and Workshop).
Monterrey, Nuevo Leon, Mexico
- Joan M. Wright & Associates** March 2009
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada
- Psychological Network, e (PSYCHCN) 点击QQ交谈留言** Jan. – Feb. 2009
神经性战栗是人和动物本能性程序记忆的一部分
Trauma Releasing Exercise (TRE) staff training.
Cheng du, Sichuan Province, China.
<http://psychcn.com/>
- Counseling Centers**
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Nov. 2008
Netherlands, Sweden, Germany, Italy
- Psykoterapeutisk Center**
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers. Oct. 2008
Copenhagen, Denmark
- Joan M. Wright & Associates** Oct. 2008
Trauma Releasing Exercise (TRE) training workshop for staff and volunteers.
New Brunswick, Canada
- Psychological Network, China (PSYCHCN) 点击QQ交谈留言** Sept. 2008
神经性战栗是人和动物本能性程序记忆的一部分 Trauma Releasing Exercise (TRE) workshops for earthquake survivors.
Cheng du, Sichuan Province, China.
<http://psychcn.com/>
- 11th. Bundeskongress für Notfallseelsorge und Krisenintervention** May, 2008
Keynote address: Trauma und Spiritualität (11th Annual Conference of Spirituality and Trauma for Emergency Service Providers for Germany).
Koblenz, Germany

- Ein aktuelles Projekt im IIBA: Trauma- Behandlung mittels Trauma Releasing Exercises (TRE).** Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.” May, 2008
Ovelgonne, Germany
- Arizona Lost Boys Center** April, 2008
Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”
Phoenix, Arizona
- Phoenix Police Dept. Family Investigations Bureau. Sex Crimes Unit** 2007/2008
Workshop: “Neurogenic tremors: A self-help technique for the development of professional resiliency and relief from PTSD symptoms.”
Phoenix, Arizona
- Phoenix Family Advocacy Center** 2007/2008
Workshop: “Neurogenic Tremors: A technique for clinician resiliency and survivor recovery from compassion fatigue, vicarious trauma and PTSD symptoms.”
Phoenix, Arizona
- Arizona State Wellness and Health Tri-versity” Coalition** 2007
Sexual violence and Prevention and education Summit: Self-help techniques for recovery from sexual and domestic violence.
Phoenix, Arizona
- Arizona Department of Peace** 2007
Workshop: "Mass Trauma: A New Paradigm for Recovery"
Phoenix, Arizona
- Trauma Response Team: Luke Air Force Base, 56th MDOS/SGOMH** 2007 - 2010
Traumatic Stress Response Team Workshop: Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Luke AFB, Arizona
- National Association of Social Workers – Arizona (NASWAZ) and Arizona State University (ASU)** 2007
Workshop: "Mass Trauma: A New Paradigm for Recovery"
Phoenix, Arizona
- Department of Behavioral Health, US Army, Ft Sill** 2006
Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Rach, Oklahoma

- Phoenix Vet Center** 2006
 Trauma Releasing Exercises (TRE) for veterans of Vietnam, Afghanistan, Gulf War, OEF & OIF.
Phoenix, AZ
- Sociedade de Analise Bioenergetica do Nordeste Brasileiro** 2006
 O tratamento neuropsicomotor dos traumatismos, desordens e stress pos-traumáticos.
 (The use of the neuro sensory motor response for the alleviation of post-traumatic stress disorders)
Recife, Brazil
- Genesee County Mental Health Association** 2006
Keynote speaker: Mass trauma and its psychosocial impact on health practitioners.
Workshop Presenter: The Neuro-anatomy of trauma and extinction of the hypothalamus-pituitary-adrenal (HPA) axis.
Batavia, NY
- Société Française d'Analyse Bio-Energétique** 2006
 Le traitement neuropsychomoteur des traumatismes, désordres et stress post-traumatiques.
 (The use of neurogenic tremors for the alleviation of post traumatic stress disorder (PTSD) symptoms)
Paris, France
- Internationales Institut für Bioenergetische Analyse** 2006
 Posttraumatische Belastungsstörung (PTSD) – Symptome und deren Behandlung
 (Post-traumatic Interference (PTSD) – Symptoms and its Treatment)
Heidelberg, Germany
- The National Institute for the Clinical Application of Behavioral Medicine** 2006
 Neurogenic tremor release technique for the alleviation of PTSD symptoms.
Hilton Head, South Carolina
- International Yoga College** 2006
 Mass trauma: A body-based recovery method for large-scale populations with PTSD.
Tucson, Arizona
- 164th Corps Support Group (CSG) S-1** 2006
 Pre-deployment training in Combat Operational Stress, Rucksack Palsy, and post traumatic stress symptoms.
Mesa, Arizona
- National Association of Social Workers (NASW)** 2005
 Trauma recovery methods for large-scale traumatized populations.
Phoenix, Arizona

- Walter Reed Army Medical Center: Deployment Health Clinical Center (DHCC)** 2005
Neurogenic tremor release technique for the alleviation of hyperarousal PTSD symptoms among Operation Iraqi Freedom (OIF) and Operation Enduring Freedom (OEF) soldiers.
Washington, D.C.
- United States Association for Body Psychotherapy (USABP)** 2005
Trauma releasing exercises (TRE): The use of neurogenic tremors for the alleviation of PTSD symptoms.
Tucson, Arizona
- Foundation for Global Leadership** 2005
Trauma assistance and hotline protocol for first responders to traumatic events.
Manama, Bahrain
- Alpha & Charlie Co. 1st Battalion 151st Field Artillery** 2004, 2005
Post deployment training in Combat Operational Stress (COS), Rucksack Palsy, and post traumatic stress symptoms for OIF and OEF soldiers.
Morris, Minnesota
- International Institute for Bioenergetic Analysis** 2005
Neurogenic tremors and the alleviation of hyperarousal post traumatic symptoms.
Boston, Massachusetts
- National Organization for Continuing Education of Roman Catholic Clergy** 2004
Bioenergetics and sexual celibacy: A bodily experience.
San Diego, California
- Non-Government Organizations** 2002
Unicef, World Health Organization (WHO), Doctors without Borders, Med Air, Concern for the World, Friedrich Egert Stiftung. The effects of trauma among local and foreign volunteers in Sudan.
Lokichokio, Kenya
- El-Ahfad University. Department of Psychology** 2002
Sudan and trauma: A new paradigm for healing a nation.
Khartoum, Sudan
- RADIO/TV & PODCASTS**
- Triumph After Trauma** Dec. 2019
How to move beyond sexual trauma with renewed self-esteem, empowerment, and excitement for life.
<https://triumphaftertrauma.com/>

- Get Yourself Optimized** Nov. 2019
Using the human body's own mechanisms for optimization.
<https://www.getyourselfoptimized.com/podcast/>
- Trusting After Trauma – How to Neutralize Narcissistic Abuse** Sept. 2019
Building trust in our own bodies after abuse.
<http://fullvenusrising.com/meet-pi/>
- Conscious Pathways Conversations** July, 2019
Body tremors as a way of releasing tension and stress
<http://www.consciouspathwayscoaching.com/weekly-conversations>
- Night Light** May, 2019
Spirituality and empathy in the trauma recovery process.
<https://barbaradelong.com/>
- Embodied Philosophy: Tracing Trauma - Science & Somatics of Healing Trauma** April, 2019
The history and misunderstanding of body tremors
<https://www.embodiedphilosophy.com/>
- An Extraordinary Life** Nov. 2018
Webinar guest speaker on TRE as a means for transformation.
<https://anextraordinarylife.ca/blog/>
- Worldwide Transformational Summit** Sept. 2016
Webinar guest speaker on TRE as a transformational technique.
<http://worldwidetransformationalsummit.com/>
- Journey to the Heart Summit** Aug. 2016
Webinar guest speaker on TRE as an access to opening the heart to increase the capacity of social engagement after trauma.
<http://www.thejourneytotheheart.com/>
- Canada TV, Vancouver, BC** Sept. 2012
Tension & Trauma Releasing Exercises as a tool for recovery from stress.
<http://bc.ctvnews.ca/therapist-teaches-vancouver-to-shake-away-stress-1.957827>
- Self Worth Summit** Aug, 2012
<http://www.selfworthsummit.com/>
- NETV Pernambuco, Brazil** July, 2012
TRE training for 250 federal and civil police for Recife, Brazil.
<http://www.youtube.com/watch?v=X8CDLxO9aZ8>
- CTV News, Canerbury, New Zealand** Dec. 2011
Trauma Releasing Exercises as a tool for cultural trauma recovery from Christchurch, New Zealand earthquake.

- KGUN Radio – Robin Claire (Host)** March, 2011
 Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://kgnu.org/>
- Yoga Hub** Jan. 2011
 Neurogenic Yoga as a unique manner in which to access deep trauma and tension patterns from an unconscious level.
<http://www.yogahub.com/>
- Spirit Quest Radio** Dec. 2010
 Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://sqr.fm/>
- "Living Proof Nutrition" Radio Show:** Nov. 2010
 Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://www.livingproofnutrition.com/>
- Carte Blanche Medical Station: South Africa** Oct. 2010
 Trauma releasing Exercises as an alternative health process for large populations of traumatized individuals.
<http://beta.mnet.co.za/mnetvideo/browseVideo.aspx?vid=35853>
- Spirit Quest Radio: Tammra Green (Host)** Aug. 2010
 An interview about “*The Revolutionary Trauma Release Program*”
<http://www.spiritquestradio.com/?p=9117>
- Voice America Radio Station: Sally Page (Host)** Aug. 2010
 The Revolutionary Trauma Release Process: An answer to global stress and mass trauma.
<http://www.voiceamerica.com/voiceamerica/vepisode.aspx?aid=48135>
- Business, Breakfast Radio 103.8 Dubai Eye** May, 2010
 Radio interview on stress in the general population and TRE as a response to the relief of daily stress problems with family and work.
<http://www.zawya.com/radio/default.cfm/sidDE100520072907375758>
- Beyond the Matrix: BBS Radio: Patricia Cori(Host)** May, 2010
 The Revolutionary Trauma Release Process: An answer to global stress and mass trauma. <http://www.bbsradio.com>
- Vivid Life Radio: New Paradigms in Conscious Living** April, 2010
 An interview about “*The Revolutionary Trauma Release Program*”
<http://vividliferadio.com>

- Spirit Quest Radio: Increasing Global Consciousness** March, 2010
An interview about “*The Revolutionary Trauma Release Program*”
<http://spiritradio.com>
- Grassroots TV: The Changing Paradigm** March, 2010
An interview by Dr. Patricia Hall on “*The Revolutionary Trauma Release Process*”. Veil, Colorado
<http://traumaprevention.com/?s=grassroots>
- Finland TV Interview** February, 2010
Video of TRE workshop with general population and interview of Dr. David Berceli.
<http://www.youtube.com/watch?v=KnsUKgy93YU>
- Brazilian Program for Health** November, 2009
David Berceli comenta o método desenvolvido por ele para recuperação de estresse e trauma. (David Berceli’s method for recovery from stress and trauma.)
Programadebrazilia@cnt.com.br
http://www.youtube.com/watch?v=Y_lqZMGPKTo
- Wellness Roadshow: Searching for the whole being.** June, 2009
An interview about “*The Revolutionary Trauma Release Program*”
<http://contacttalkradio.com/hosts/catherinebradford.html>
- Rewiring the Soul - Blog Talk Radio** April, 2009
David Berceli, Ph.D. and Riccardo Cassiani Ingoni, Ph.D., join us from Scottsdale, Arizona, and Rome, Italy respectively in order to speak about TRE: a revolutionary program for Trauma Releasing Exercises.
- Rhia Said It - Blog Talk Radio** April, 2009
An interview about “*The Revolutionary Trauma Release Program*” Florida.
<http://rhiannonwaits.com/aboutus.aspx>
- Global Enlightenment: Contact Talk Radio** March, 2009
The Revolutionary Trauma Release Program: Seattle on 106.9 HD
<http://www.contacttalkradio.com/index.php>
- Conscious Living: Webcast** March, 2009
The Revolutionary Trauma Release Program: Pittsburgh, PA.
<http://www.conscious4life.blogspot.com/>
- Full Power Living: Radio Broadcast** March, 2009
The Revolutionary Trauma Release Program: El Sobrante, CA
<http://emotionalpro.com/full-power-living-internet-radio-program>

- Vibrant Living: Radio Broadcast - WGUN 1010AM** Nov. 2008
The Revolutionary Trauma Release Program: Springfield, MA
- Strategies for Living: Radio Broadcast – Talk Radio 1370 AM** Nov. 2008
The Revolutionary Trauma Release Program: Shreveport, LA.
- Pat McMahon Show: AZTV-Channel 27** Nov. 2008
 One hour television interview. *Trauma Releasing Exercises (TRE)*.
 Channel 57, Phoenix, Arizona
- Good Morning Arizona: AZTV-Channel 3TV** Sept. 2008
 Television interview for recent publication: *The revolutionary trauma release process: Transcend your toughest times*.
<http://www.azfamily.com/video/gmaz-index.html?nvid=280787>
- Pat McMahon Show: AZTV-Channel 27** Oct. 2007
 One hour television interview. *Trauma Releasing Exercises (TRE)*.
 Channel 57, Phoenix, Arizona
- Independent Expression Radio** July, 2007
 One hour radio interview. *Trauma Releasing Exercises (TRE)*.
 Shirley MacClaine’s interview about the origin, purpose and potential
 therapeutic value of neurogenic tremors.
<http://www.shirleymaclaine.com/ieradio/archive/2007>
- Conscious Media Network** October, 2006
 One hour video interview about Trauma releasing exercises (TRE).
 Canadian Network interview about neurogenic tremors and PTSD.
<http://www.consciousmedianetwork.com/members/dberceli.htm>
- A Better World Productions** July, 2006
 One hour television interview. *Trauma Releasing Exercises (TRE)*.
 Channel 57, Manhattan, New York.
<http://www.abetterworld.net>

INTERNATIONAL RESIDENTIAL EXPERIENCE

Sudan

Trauma Recovery Therapist 1999-2002
 Developed and implemented a national trauma recovery program in conjunction with Sudanese non-government organizations and German relief agencies. Trained and supervised local Sudanese leaders in trauma recovery awareness, education and somatic psychotherapy techniques.

Israel

Conflict Resolution Consultant 1995-1997
 Provided stress management & trauma relief programs to embassy and consulate staff.
 Designed trauma intervention programs for local Israeli and Palestinian organizations.
 Supervised therapists, social workers, counselors and emergency medical teams on the
 psychological and physical interventions necessary in the trauma recovery process.

New Zealand

Bioenergetic Analysis Training Supervisor 1994-1995
 Provided supervision for the local Bioenergetic Training Program. Supervised thirteen 2nd
 and 3rd year trainees in issues pertaining to somatic psychotherapy. Facilitated individual and
 group psychotherapy sessions. Designed and taught workshops on the psychobiological
 effects of stress and trauma.

Western Samoa

Substance Abuse Counselor 1985-1986
 Designed culturally sensitive substance abuse programs. Provided clinical counseling and
 staff support to Alcoholics Anonymous programs.

Lebanon

War Relief Service Provider 1980-1981
 Provided social services for victims of war and political violence. Engaged in war relief
 social work efforts among military, civilian populations, women and abandoned children.

North Yemen

English Teacher 1979-1980
 English teacher for grades 1-6 in a high security adolescent & residential school.

Egypt

Youth Coordinator 1978-1979, 1982
 Assisted in supervising and facilitating individual and group therapy programs for Egyptian
 teenage youth with histories of family violence, severe poverty, juvenile delinquency and
 domestic violence.

ADDITIONAL INTERNATIONAL EXPERIENCE

Bahrain, Kenya, Ethiopia, Uganda, Northern Ireland, Chile, Bolivia 1999-2004

Trauma and Conflict Resolution Consultant
 Developed and facilitated culturally sensitive trauma awareness and training workshops.
 Provided on-going training, educational and supervisory programs for local populations for
 the purpose of developing trained trauma professional within the host countries.

UNIVERSITY TEACHING EXPERIENCE

Arizona State University

SWG579 - Critical Incident Stress Management Spring, 2015

SWG591 - Trauma Practice Tools: TRE Winter, 2009

HHS 400 - Community Based Complimentary Health	Spring, 2007
SWG 611 - Social Work Practice with Families.	Fall, 2006
HHS 403 - Community Mental Health and Human Services.	Fall, 2006
SWG 653 – Introduction to Holistic Therapies for the Helping Professional.	Summer, 2006
SWG 580 - Community and Organizational Change. Teacher Assistant.	Spring, 2006
SWG 611 - Family Counseling. Teacher Assistant.	Fall, 2005

INDEPENDENT STUDY SUPERVISOR

Arizona State University

HHS 499 Human Health Studies Individualized Instruction <i>Alternative Approaches for Treating ADHD in Children</i>	Fall, 2007
HSS 499 - Human Health Studies Individualized Instruction <i>The Distinction between Allopathic and Naturopathic Medicine</i>	Spring, 2007
HHS 494 - Human Health Studies Individualized Instruction <i>CAM Therapies for Relief of Relationship Stressors</i>	Spring, 2007
HSS 499 - Human Health Studies Individualized Instruction <i>Effectiveness of Yoga, Tai Chi, Feng Shui and Buddhist Meditation</i>	Fall, 2006
HHS 494 - Human Health Studies Special Topics <i>Methods to Reduce Dental Anxiety among Patients</i>	Fall, 2006

UNIVERSITY RESEARCH EXPERIENCE

Evaluating the Effects of Stress Reduction Exercises 2006

Arizona State University

Social work professionals are at great risk of increased stress due to their work with traumatized communities and individuals. The purpose of this proposed research is to introduce a self-help method for stress reduction as a practical application of learning.

Ecologically Based Assessments with Indigenous Populations 2005

Southwest Interdisciplinary Research Center, Arizona State University

A study of the implications of ecologically based assessment for primary prevention with indigenous youth populations.

Research Assistant (RA)

Southwest Interdisciplinary Research Center. Graduate Assistant. Sept. 2004-May 2005

Assisted in developing research designs as well as providing methodological and statistical analysis for quantitative and qualitative data analysis projects.

STUDENT CLINICAL EXPERIENCE

Fordham University

Psychiatric Social Worker. Internship. 1992-1993
St. Luke's Hospital, New York, New York
 Facilitated intake interviews, provided assessments and diagnosis as well as individual and group therapy.

Public High School Social Worker. Internship. 1991-1992
Public High School (PS-132) Bronx, New York
 Offered counseling for adolescent behavioral issues, crisis intervention, family and group counseling.

UNIVERSITY ORGANIZATIONS

Advisor for the foundation of the Human Health Organization of the Human Health Studies (HHS) Department. 2007
Arizona State University, Polytechnic Campus, Mesa Arizona.

NOMINATIONS & GRANTS

TRE Research Grant Department of Defense (DOD) 2015
Neurogenic Tremors Training (TRE) for Stress and PTSD: A Controlled Clinical Trial. \$500,000.00 grant to research the efficacy of TRE in the reduction of PTSD symptoms.
Carl T. Hayden VA Medical Center, Phoenix, AZ

Templeton Prize Nominee: The Sir John Templeton Prize aims, in his words, to identify "entrepreneurs of the spirit"- outstanding individuals who have devoted their talents to expanding our vision of human purpose and ultimate reality. The qualities sought in a Templeton Prize nominee include creativity and innovation, rigor and impact. 2010
<http://www.templetonprize.org/>

PROFESSIONAL EXPERIENCE

Founder of Trauma Recovery Assessment & Prevention Services 2000-present
International Trauma Coach & Consultant
 Provide specialized trauma recovery assistance to international organizations whose employees are living and working in trauma inducing environments. Design, organize & implement comprehensive trauma recovery and stress management programs for International Relief Agencies, Government and Non-Government Organizations (NGO). Train and supervise senior staff on individual and organizational trauma behaviors and a healthy recovery process. Supervised programs in Ethiopia, Eritrea, Israel, Kenya, Northern Ireland and Sudan.

Formation Consultation Services 1998-2000*Staff Psychotherapist*

Provided clinical assessments of international clients as well as short-term counseling to in-house residents. Developed and implemented community organizational workshops in Ireland, Ethiopia, Eritrea, Kenya and Sudan.

Maryknoll International Society 1976-1998*International Cross-Cultural Consultant*

Promoted global relationships for the peaceful cohabitation of diverse cultures through large-scale and long-term intercultural projects and assistance programs. Designed intercultural training programs that addressed barriers to effective cross-cultural management. Implemented training programs on diversity in a multicultural workplace.

Massage Therapist 1998-2005*Private Practitioner*

Provided professional massage to a diverse clientele as a state certified massage therapist. Massage techniques included: Osteopathic Massage, Psychotherapeutic Massage, Neuromuscular Massage and Swedish Massage.

Bioenergetic Therapist 1994-present*Private Practitioner*

Provide a bioenergetic analytic approach to the psychotherapeutic process by combining psychotherapeutic insight with body sensitivity. Promote an integration of body, mind and spirit approach to resolving psychosomatic patterns of distress.

Spiritual Director 1976-2001

Engaged in spiritual/religious dialogue and practices as well as provided spiritual direction within diverse cultural and religious contexts.

CURRENT PROFESSIONAL AFFILIATIONS

Academy of Traumatology (AT)
 Hands on Trade Association (HTA)
 Beurin University (BU)
 International Institute for Bioenergetic Analysis (IIBA)

LANGUAGES

Arabic:	Speak – moderately	Read – moderately	Write – with facility
Italian:	Speak – moderately	Read – easily	Write – moderately
French:	Speak – beginner	Read – easily	Write – moderately

MILITARY SERVICE

United States Air Force (USAF) **Active Duty**. 1972-1978. Honorable Discharge.