

# MASTERY OF MOVEMENT WITH TRE®

REFRESH AND UPDATE YOUR SKILLS AS A TRE® PROVIDER

*Join one, or all three of this Hybrid TRE® Specialty Training Series*

THIS SERIES IS DIVIDED INTO THREE 20 HOUR EVENTS  
EACH EVENT WILL INCLUDE:

- TRE® Foundations
- Reading the Body
- Following the Body
- Working with Diversified Bodies & Issues
- Interventions: Non-Touch vs. Touch Modifications
- Safe Progressive Private & Group Classes
- Working with the Bodies Release
- Integration – The Whole Person experience
- TRE® In Person vs. TRE® Online
- And much more!

## *Event Pricing*

EACH EVENT: \$525

EARLY BIRD: \$475 (See date in each event registration link)

Manual included. Lunch included on full days of training for those in person. Event 1 Recommended before Event 2 or Event 3. Each event will be videoed and included in the price.

*Event Times:* Day 1: 1pm-5:30pm, Day 2 & Day 3: 9am - 5:30pm, Day 4: 9am -1:30pm



### *Event #1*

JULY 10 - JULY 13, 2022

Specialty Topics: Working with Spinal Issues, Back Pain and Elderly Clients

125 SOUTH SHERMAN STREET  
DENVER, COLORADO

[Click to Register - In Person](#)

[Click to Register - Online](#)

### *Event #2*

OCT. 7 - OCT. 10, 2022

Specialty Topics: Working with Athletes, 1st Responders and Military

5040 BASS CHAPEL ROAD  
GREENSBORO, NORTH CAROLINA

[Click to Register - In Person](#)

[Click to Register - Online](#)

### *Event #3*

FEB. 10 - FEB. 13, 2023

Specialty Topics: Working with Auto-Immune, Chronic Pain, Cancer and Amputees

LOCATION COMING SOON!

[Click to Register - In Person](#)

[Click to Register - Online](#)

## CEU'S: CONTINUING EDUCATION UNITS

YACEP – waiting approval  
NCBTMB – waiting approval

MASTERY OF MOVEMENT WITH PROFICIENCY HOURS: Total 60+

TRE® Theory: 6  
Science Foundations: 12  
Techniques, Training, Practice: 32  
Skills Proficiency: 6  
Lifestyle & Ethics: 4



## DONNA PHILLIPS

TRE® Global Certification Trainer, Exercise Physiologist, Certified Yoga Therapist C-IAYT, E-RYT500, Pilates Teacher

[Meet Donna](#)

[Cancellation Policy](#)

[What to bring or have if you are online](#)